



SPRING 2021

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In This Edition

- **Redevelopment Update**
- **Life Members Day 2021 - *Postponed***
- **Mia Goold Wins Prestigious Rafa Nadal Tour Trophy**
- **Sale Tennis Club Hosts 2022 AO Ballkids Trials**
- **Fast 4 Fun At Sale Tennis Club**
- **Junior Report**
- **Volunteer Feature**
- **Club Acquires Ball Machine thanks to Kalbar Operations**
- **Saturday Summer Pennant – Seniors**
- **“Zaf” to move to Brisbane**
- **Coach’s Column**
- **Night Pennant Grand Final Results**
- **Out & About**
- **Calendar of Events**
- **News Items & Email Addresses**

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Redevelopment Update – Take a Look at Us Now



Wow! 12 new red porous courts; 4 of them international size (to add to the 2 existing ones), completely revamped clubhouse, new fencing and paths and so much more. We have finally done it. Commenced in 2018 our redevelopment is now almost completed. RALCON Commercial have completed our clubhouse and surrounds, concreted the last path and (almost) hung the last gate. ET Richards & Sons have laid the court surface and installed the lines and rolled each new court over 20 times. We are good to play tennis. How good is that?





Good things come to those that work.

The culmination of this project is the collective work of many people.

It started in the early 1970's when our then committee chose this magnificent site to relocate to from their Marley Street courts, it continued with a very ambitious plan in 2008 that, with an extraordinary amount of hard work by many people, has resulted in what we see today.

What we now have is unique in country Victoria, if not in all of regional Australia. To have 14 first class red porous courts, including 6 international size courts, is amazing. Our Clubhouse is now state of the art and we are now fully accessible, inside and out. To have all of this in a spectacular setting beside 2 lakes and within the Stephenson Park precinct is an absolute tribute to all those involved.

We have received financial support from the State Governments Latrobe Valley Authority's Latrobe Valley Sports and Community Initiative Fund, the Federal Governments Local Roads and Community Infrastructure Fund, Wellington Shire, The John Leslie Foundation and Tennis Australia along with a substantial contribution from our Club reserves. Without the collective support of each of these funders our project could not have proceeded.



The support from the State Government for our project has been visionary from the time of the announcement in 2018. Since then Laurie Paton from the Latrobe Valley Authority has been our “sea of tranquillity” providing calm guidance as we have worked our way through the project.

Mick Meyer from Sport and Recreation Victoria has been a true believer in our project for the best part of a decade. He has been a “steady hand on the tiller” for all that time. He has helped us navigate through various funding applications, soothed our nerves when we were not successful and encouraged us to keep pushing forward. Mick is an outstanding advocate for sport in Gippsland.

There are not enough accolades for the work of The John Leslie Foundation. During his lifetime John was a wonderful supporter of, not only our Club, but the whole Wellington Shire community. His legacy is the Foundation that bears his name and the current board have continued his amazing work impeccably. Without the support of the John Leslie Foundation we would not have even made it to the starting line. It is impossible to express our full gratitude for their support.

Local Federal Member Darren Chester has been a strong supporter of our Club over a long period of time and was instrumental in sourcing funding through the Federal Governments Local Roads and Community Infrastructure Fund, an essential component of our Stage 2 funding. (It is possible we and our community value Darren more than his own political party.)

Wellington Shire should be justifiably proud of their support of sport in our district. They have worked tirelessly to fund and build within our Shire some of the best sporting facilities in regional Victoria. Sam Matthews from Wellington Shire was our day to day project manager. She has great attention to detail and weaved her way through funding agreements, plans, meetings and a myriad of other tasks.

Sam was assisted on site by Barry Waddell. Barry brings a wealth of experience to his works supervisor role and there seems to be little that surprises him. Importantly they both remained focused on getting the best outcomes for the Club. Our thanks goes to both Sam and Barry.

Tennis Victoria and Tennis Australia have been steadfast supporters, first Ken Barton and then Fiona Young, with a cameo from Lynton Franz. The backing and input from our peak body was an essential ingredient in shaping this project and we look forward to their support in filling our new courts with happy players from all over the nation into the future.

Rod Centra and Andrew Stephenson from RALCON Commercial have been our construction project partners and they, along with a group of dedicated local sub-contractors, have shown the expertise that local contractors can bring to major projects.

Our new red porous court surface is world class thanks to the efforts of John, Ash and the team from ET Richards & Sons. This is a 4th generation business and their expertise with everything relating to the construction and maintenance of this surface is unrivalled in Australia. We are beyond grateful for their involvement in our project.

The Sale Tennis Club General Committee members who have served since project inception in 2018 have been:

- | | | | |
|-------------------|--------------------|---------------|-----------------------|
| * Karen Pollett | * Karen Deschepper | * Robin Lowe | * Murray Fitzclarence |
| * Kurt Best | * Sonya Stephenson | * Di Arnot | * Jason Page |
| * Tina Page | * Paul Egan | * Mick Mullen | * Tim Dunnett |
| * Anthony Zafiris | * Damien Theobald | * Andy Pate | * Prue McNaughton |

This wonderful group of selfless, community minded people have helped to guide and support the project over the last 3 years.

We have also had a Project Sub-Committee made up of Murray Fitzclarence, Bruce Carter and Robin Lowe who have helped guide the day to day project activity over the past few years and we thank them for their dedication.

It would be completely remiss not to acknowledge the enormous contribution that Bruce Carter has made to this project. Bruce has been on site morning, noon and night doing outstanding work to ensure we get the best possible results. He has worked with each of the contractors and been design engineer, brickie, landscaper, concreter, court builder, fencer, plumber, arborist, curator, cleaner and a dozen other trades. If we were lost in the desert there is no

one, (other than perhaps Bear Grylls), who we would rather back to get us home safely. Thank you Bruce from everyone at Sale Tennis Club.

The vision of Sale Tennis Club is to build on generations of friendship, volunteerism and fun to foster a life-long love of tennis in a safe, welcoming environment, encouraging all players of all ages and abilities to be both good players and good sports.

We think we now have the most amazing opportunity to achieve our vision and wish to thank, once again, all of those that have contributed along the way.

Life Members Day 2021 - POSTPONED

Our **17th Life Members Day** has been postponed. The event was to be held on Sunday, September 12 but DHHS Restricted Activity Directions mean that this is not possible. The *possible* new date is Sunday, October 31.

Life Members Day is a special day for our Club each year and is one of the best days on our annual calendar so we will not give it up lightly. The day is a celebration of the contribution to our Club of all members, and especially Life Members, who have been recognised for their outstanding contribution.

Each year we welcome back to the Club the extended Flint and Best families to celebrate their lifelong association with Sale Tennis Club.



Over 200 years of service. Life Members who attended Life Members Day in December, 2020.

L to R: Robin Lowe, Debbie Krusic, Chris Deschepper, Karen Pollett, Karen Deschepper, Di Arnot, Bruce Carter, Mike Riley, Murray Fitzclarence and Gary Schuback

Our Club has only had 22 Life Members awarded over its 71 year history. These Life Members are: "Nellie" Munn, Keith Prestney, Don Schuback, Lorraine McHattie, Keith Best, Monica Best, Moyra Maher, Helen Gerrand, Shirley McFarlane, Gary Schuback, James Maher, Bruce Carter, Jan Saville, Ian Flint, Robin Lowe, Mike Riley, Chris Deschepper, Murray Fitzclarence, Karen Deschepper, Karen Pollett, Debbie Krusic and Di Arnot. It would be hard to measure the contribution this group has made to the Sale Tennis Club and many are continuing to make an outstanding contribution.

Please check our website, Facebook or TeamApp for confirmation of the new date.

Mia Goold Wins Prestigious Rafa Nadal Tour Trophy

Sale Tennis Club junior Mia Goold has been awarded a prestigious Rafa Nadal Tour Trophy of Values.

The Rafa Nadal Academy is a junior tennis circuit launched in Spain in 2014 by tennis legend, Rafael Nadal. It has a strong focus on sport and education combining the tournament aspect with dynamic and fun educational activities for the players aiming to establish strong fundamental values.

Leading 12 & Under and 14 & Under juniors from all over Victoria gathered at Beaumaris Lawn Tennis Club from 3rd to 6th July to compete in the singles tournament and participate in the off court personal development activities.

During each tournament there are numerous fun learning activities run by the mentors from the Rafa Nadal Tour, focusing on the four key values of the circuit: Sportsmanship, Commitment, Fellowship and Effort.

The four key values are defined as;

1. Sportsmanship is the appropriate and correct behaviour during the practice of any sport, as well as the acceptance of adverse situations willingly.
2. Commitment is the players' capacity to acknowledge, get involved and accomplish something that has been previously agreed to.
3. Fellowship is the friendly and collaborative relationship between different people, which is defined by solidarity, sympathy, generosity, respect.
4. Effort is the capacity to work with discipline, to accomplish the obligations and to behave with perseverance to improve oneself.

The personal development sessions are in the form of classroom activities with group work and physical activity sessions in pairs and teams.

The eight winning players from each 12 & Under & 14 & Under singles events held as well as eight selected winners of the Trophy of Values progress to the end of circuit Australian Masters event.

Mia was selected as the winner of the Trophy of Values which recognises a player from each event that shows a positive attitude and behaviour on and off the court.

The Trophy of Values aims to recognize and reward those players at the Rafa Nadal Tour events who put into practice the Rafa Nafal Tour values - positive values, attitudes and behaviours that are essential to helping the players' relevant personal and athletic development. The Academy facilitators and coaches on site observe all players both on court and during the values activities.

The Rafa Nadal Tour Australian Masters event is scheduled to be held in Melbourne in January 2022 in the lead up to the Australian Open. A maximum of sixteen players will be invited to compete in each of the 12 & Under and 14 & Under boys and girls Masters event.



Mia has had an outstanding 2021 already. In March she won the Paul Egan Award at the Sale Tennis Club, the Club award for the most outstanding junior from the Sale WGTA junior teams.

Mia has also been selected in the Gippsland Sports Academy tennis squad. Gippsland Sports Academy offers talented Gippsland athletes the opportunity to reach their full potential in their chosen sport by providing services such as advanced technical coaching and sport science programs covering strength and conditioning, psychology, nutrition and hydration and personal development sessions.

Mia was also the Runner-Up in the School Sport Victoria - Primary Girls Tennis Tournament in the Victoria wide event and has since been invited to participate in the training and selection day to determine the final State primary school squad.



TENNIS AUSTRALIA COMMUNITY COACHING COURSE

SALE TENNIS CLUB
51 GUTHRIDGE PARADE
SALE

Date: Saturday & Sunday
2nd & 3rd October

More details contact:
jon.watson@tennis.com.au
Register via <https://bit.ly/3BUWJJE>

Sale Tennis Club Hosts 2022 AO Ballkids Trials

Sale Tennis Club hosted its 5th annual Ballkid Trial on Sunday as part of the selection process for Australian Open Ballkids for the AO in 2022.

The trials are normally conducted in March each year but the scheduling was impacted by the AO being held later than normal this year and COVID restrictions, with several new dates having to be set. Metropolitan trials are still yet to be held.

COVID restrictions meant that metropolitan children could not travel to regional areas so the 2 aspiring ballkids who were able to attend got very special attention.



L to R: Ballkid hopefuls, Emma Best and Kieran Webb, with assessors Anthony Zafiris and Hunter Pearce

The ballkid hopefuls were put through their paces by Club Professional Coach, Anthony Zafiris and 4 times AO ballkid and Sale Tennis Club player, Hunter Pearce. This combination of coaching and recent ballkid experience made for a very successful trial.

The Level 1 Trial for the AO Ballkids Program is designed to identify children with skills in the areas of rolling, servicing and court movement, all of which are critical to the overall function of the ballkid on court, so these skills were the focus of the trials.

Ballkids play an integral role in ensuring that tennis tournaments run smoothly. Throughout the Australian Open series, each ballkid is a focal part of every game, be it at Rod Laver Arena or an outside court.

The Australian Open Ballkids Program has one of the most intensive training programs of the four Grand Slams and focuses on the development of core skills and overall tennis knowledge, whilst also encouraging team work, communication and leadership amongst participants.

Applicants who rank within the top 400 performers Australia wide at the Level 1 Trials will be invited to attend Level 2 trials where they will again be assessed for the opportunity to join the AO Ballkids Training Program. A total of 310 ballkids will be chosen for AO 2022.

Tennis Australia is extremely proud of our Australian Open Ballkids, who are consistently recognised as the highest quality ballkids of the four Grand Slam events. This reputation is attributed to the rigorous selection process and intensive training program that leads into each January.

Sale Tennis Club is hopeful of hosting many more ballkid hopefuls in its next annual trials assuming that we are without the disruption of COVID restrictions in 2022.

Fast 4 Fun At Sale Tennis Club

The first Sale Tennis Club Fast 4 Challenge season for 2021 finished in June after four rounds of fabulous Fast 4 tennis. 8 teams competed in the modified game format with each team playing 3 sets of Fast 4 tennis each night. Teams were made up of workmates, social clubs and groups of friends, who all enjoyed the fun atmosphere.

The 4 rounds of tennis unfortunately spanned over 8 weeks with COVID restrictions and then floods causing delays. However this did not dampen the enthusiasm of the teams who turned up rain, hail or shine to take the court, socialise and enjoy the sausages fresh from the BBQ.

After the 4 rounds were finally completed "Tennis Tragic's", made up of Jo Rule, Jo MacTier and Prue McNaughton, were declared the winners. They will enjoy a fabulous night at Graze Family Bistro for their efforts.

The shortened format offers a "fast" alternative, with only four points, four games and four rules: there are no advantage scores, lets are played, tie-breakers apply at three games all and the first to four games wins the set. It has been described as the tennis equivalent of the Twenty20 format of cricket.

The shortened game format provided an exciting and much quicker variation on traditional tennis, with each set limited to about 20 minutes. The Fast 4 Challenge catered for players of all standards, from beginners to seasoned campaigners. There was a very popular weekly prize with the support of Graze Family Bistro and AO merchandise for the lucky winners.

Following the success of this Fast 4 Challenge we will now try to schedule another challenge in Term 4 if COVID allows. Players can be from businesses, families and friends or just put your individual name down and you will be put into a team. Prior tennis experience is not needed. We can cater for all abilities so long as you are prepared to have fun. Families and new players are especially welcome.



The Fast 4 players before commencement of play

Junior Report

WGTA Junior Pennant Summer Season Recruiting

Sale Tennis Club is currently recruiting for its junior teams for the upcoming WGTA Junior Pennant. We will have teams in all 7 Sections so can offer players of all ages and abilities a place in a team. If you (or your child) would like to play this coming season and haven't yet let our Junior President, Kurt Best, know your intentions, right now is the time to do so or you risk missing out. Kurt can be contacted on 0409 962 104.

2021 Strategem Bendigo Silver Winter JT/AMT

Club Professional Coach, Anthony Zafiris, travelled to Bendigo for the 2021 Strategem Bendigo Silver Winter JT/AMT held from June 28 to July 2. Bendigo Tennis Association provided a spectacular 26 court hard court complex and some nice chilly early morning matches.



The Bendigo JT crew - L to R: Kynan Enwright, Riley Nicholas, Sen Goold, Mia Goold, Jamie Pate, Louis Lazzaro and coach Anthony Zafiris.

Jamie Pate

“The Bendigo tennis camp was one of the most fun 5 days I’ve ever had in my life. I lost most of my matches, but I still had great fun playing and being with my mates. It was a very good learning experience for us and I can’t wait to do it again.” - Jamie Pate

Mia Goold

“In the morning we would warm up, and the warmup really helped with our tennis during the day. I thought that it was very helpful with my tennis.

At the cabin after our tennis, we would talk back to each other, and when someone said something bad to someone (as a joke) the other person would try to come back better. I found it really funny, and I think everyone else did.”

Kynan Enwright

“The Bendigo trip was not only a valuable experience, but I was fortunate enough to be able to get to a final for the first time. This was only possible with the help and support from Anthony, who taught me to be more confident in myself, and the Sale Tennis Club team. They were funny and they were very competitive. So thank you very much for your support and kindness because opportunities like these do not come out of nowhere.”

Sen Goold

“What I enjoyed the most throughout this trip was that I got to play strong players that I never thought I could beat and all that training I did really paid off.

What I found tough was when I could never finish a point off when I got the opportunities. But now I know what I have to practice to become better.”

Riley Nicholas

“The Bendigo trip was amazing because I was there with the other kids and Anthony. It was great having Anthony there because he would tell us what we need to do more of or what we need to work on and this will help me to improve.

I had lots of fun hanging out with my friends, having a hit in the morning and doing warmups with everyone and watching everyone else’s games. It was good to play against more experienced players because I could learn lots from these matches and gain experience. It was also good watching the AMT matches as there were really good players who were entertaining to watch and I would like to be as good as them one day.” - Riley Nicholas

Quote

“Don’t say you don’t have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson and Albert Einstein” - H Jackson Brown

Volunteer Feature

“Act like what you do makes a difference.... it does.” – William James

Our featured volunteer this newsletter is Murray Fitzclarence.

“Muzz” joined the General Committee in 1993 and was Vice President in 1994, 1995, 1996, 1997 and 1998 before stepping off committee. He re-joined the General Committee in 2004 and has served continuously since and has been Vice-President for the last 2 years. He was also our Club Captain in 1995 and for 6 years from 2004 to 2009.

Muzz also was actively involved with the Pro Circuit events from 2006 to 2008 taking on various roles from bus driver to caterer. His calm and practical nature allowed him to mix comfortably with the international players and the tournament staff and nothing was too much trouble.



On one occasion when one of the international players missed the Sale train he drove them to Traralgon to catch it so that they did not miss their flight home. One year he and Di Arnot billeted some international players and by the time they left, so good was the hospitality, that they thought he was a deity.

Muzz was also involved in the organisation of our first ever Seniors Teams Event. Muzz and Di loved to travel around the country playing in various seniors events and figured why not one at our Club. This came to fruition in 2013 and was a great success with Muzz and Di at the helm.

(This event was the precursor to our Tennis Seniors Victoria NRT event that has just been rescheduled to May, 2022. I know that you all think you are too young to play seniors tennis, but check your driver’s licence and if your date of birth is before 1992, sadly you qualify and you should come along and join in in May.)

In 2005 Muzz took over the absolutely crucial job of bar coordinator along with Di. Since that time we estimate that they have made a 1,500 trips with the red trolley in and out of the Clubhouse and stacked 150,000 stubbies and cans of beer, cider, UDL, Jim Beam and a myriad of other drinks that have moved in and out of fashion over the last 16 years. Most weeks and before every function you will find him there making the sure the fridge is full and ready to go. If you have enjoyed a cold beverage lately it was put there by Murray with help from Di.

More recently when we needed a Project Sub-Committee to oversee the court building contract for our redevelopment Muzz was first to put up his hand and help out. The practical nature of this fellow makes him our go to man for working bees, when the bar fridge breaks down or the vending machine blows a fuse, a courtside advertising sign needs putting up or taking down, the alarm goes off, the lights won't work or some other thing needs to be fixed, organised or generally made right.

"Thank you Muzz" for all you do for our Club.

Club Acquires Ball Machine with the Help of Kalbar Operations

We have been most fortunate to acquire a Spinfire ball machine with the assistance of Kalbar Operations Pty Ltd, the developer of the Fingerboards Mineral Sands project at Glenaladale.

Kalbar Operations is an active and supportive member of our local communities in Gippsland through their Community Grants Program. This program aims to support community initiatives that enhance the quality of life, heritage, recreation and cultural opportunities and provide long lasting benefits to the wider community.

Our ball machine is already being used to further develop our junior coaching program. This will add a different and fun dimension to the coaching program and allow for greater participation and get the children to hit many more balls.

We look forward to getting back on court and seeing our ANZ Hot Shots kids face down the purple Spinfire. We are also looking forward to the help it gives our coaching team on Saturday mornings as our 25 to 30 happy Hot Shotters get to hit more balls and accelerate their tennis development.

Our ball machine will also be available to Club Members to book to hone their skills. More of this once we can get back on court.

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Saturday Summer Pennant – Seniors

Sale Tennis Club is now recruiting for the coming Wellington Gippsland Tennis Association summer pennant. At this stage senior tennis is due to commence on Saturday, October 2.

Planning for the coming season is proceeding on the basis that the COVID restrictions will allow pennant to commence on time. Sale is planning to field teams in all 3 senior WGTA sections in the coming season. With teams in every section the Club is able to offer players of every standard and ability a place in a team where they will feel welcome and competitive.

Sale Tennis Club President said “There is excitement in the senior ranks with our new courts now ready for the coming season. Our clubhouse and courts have been more of a construction site than a tennis complex in recent years so it will be great to be able to properly showcase WGTA tennis again. With Maffra also undergoing redevelopment and exciting announcements for Briagolong and Longford local facilities will be very well placed to cater for the future of tennis.”

WGTA pennant is a great Saturday afternoon of competitive tennis which caters for players of all standards and features a unique social atmosphere.

If you wish to join the fun or have any personal requests please speak to Club Captain, Tim Dunnett. For all enquires please contact Tim on 0425 802 908.

Sale Central Storage return for season 2021 / 22 as the sponsor of the **Sale Tennis Club Player and Team of the Year**. Get your name on the Saturday Pennant list for your chance to win the Sale Tennis Club Player and Team of the Year.

They are joined by **Graze Family Bistro** who have generously provided our 3 set winners vouchers for the past 3 years.



“Zaf” to move to Brisbane

Sale Tennis Club Coach, Anthony Zafiris, is bound for Brisbane where his wife Fiona is taking up a new senior medical consulting role. During his two years at Sale Tennis Club Anthony has transformed the coaching program into an elite academy with the outcomes now showing in tournament results for his coaching students around the State.

Anthony has been responsible for the significant expansion of the ANZ Hot Shots program, the introduction of cohesive junior squads with a focus on sound technique and elite skills, has developed an adult coaching program, has helped with the revival of the bi-annual Dahlsens Challenge with Bairnsdale Tennis Club in addition to his day to day coaching delivery to private students and schools.

In his two years at Sale Tennis Club Anthony won the Men's Singles title at the Club Championships both years, bringing a standard of singles play never before seen on the Sale courts. He was also our Sale Tennis Club male Player of the Year in season 2019/20.

Sale Tennis Club will now undertake a comprehensive coach recruitment process with a view to making an appointment for the beginning of Term 4. Expressions of interest will be sought from Tennis Australia accredited coaches from around the country. Last time the Club recruited we had more than 10 applicants. We are hoping for a similar field this time around.

Sale Tennis Club President Robin Lowe said "While we are very disappointed to see Anthony leave, family must always come first, and we wish him the very best with his move north. We now wish to build on the elite coaching platform that Anthony has established. While there may be some short term disruption to coaching services the appointment of a new coach also provides an opportunity to try new things and expand our coaching offer. We will work hard over the coming month to find the best available coach to offer the Sale tennis community a full range of coaching services. In the meantime we ask for people's patience while we go through the recruitment process."

Anthony's last day is not yet know but, if COVID lets us, a hearty STC farewell is planned.

Coach's Column

Term 3 2021 will be my last term at Sale Tennis Club. Despite the challenges of lockdowns and court renovations, every morning and evening we made it work. I feel lucky and grateful to have had the opportunity to work with so many enthusiastic and hardworking tennis kids and families. This Club has such a positive committee of volunteers working behind the scenes every day and we can now say that Sale Tennis Club is a world class facility.

I had every intention of coaching here for another 15-20 years but my wife has a chance to develop her dream career elsewhere. I am extremely sad to be leaving this Club and town but after speaking to some coaching candidates I am confident the Club will be in great hands.

I look forward to hopefully seeing you on court in the next few weeks.

Anthony Zafiris 0403 724 796
anthony.zafiris@gmail.com

Right: Anthony in action at the Dahlsens Challenge in Bairnsdale.



Night Pennants – Grand Final Results

Tuesday Night

Tuesday night teams were based on the theme “What’s your poison …?” We had Gin & Tonic, Spiced Rum, Bourbon & Coke, Scotch on the Rocks, Vodka, Lime & Soda, Whiskey Sour and CC & Dry. There is more than a few headaches there.

It seems like the season was interrupted by far too many washouts and topped off by a second COVID lockdown so it was a credit to our organisers, Karen and Damien, that they were able to get through to the Grand Final. In the end it was Scotch on the Rocks dueling it out with CC & Dry. After a tight final Scotch on the Rocks came out the winners – possibly fitting as we all know the Scots make a better whisky than the Canadians.



Winners -
“Scotch on the Rocks”:
L to R:
Mick Osborne,
Lauren Conn,
Joshy John &
John Johnson.

Runners Up –
“CC & Dry”:
Damien Theobald,
Clare Howson,
Sharyn Treasure &
Cijo Kuriakose.

Thanks as always goes to our Tuesday night organisers, Kaz Deschepper, who was ably assisted by new Club Treasurer, Damien Theobald.



Thursday Night

On Thursday night it was *Gippsland Custom Pools*, Bruce Carter, Brian Lazzaro, Andrew Nicholas (for Steve Shanahan) and Nok Pate playing *John Elliman Real Estate*, David Auld (filling in for Ian Wrigglesworth), John Meade, Andy Pate and Ann Crisp.

After some great quality tennis on the newly commissioned courts it was Gippsland Custom Pools who came out on top and claimed first prize, a coveted “money can’t buy” Sale Tennis Club towel. Robin Lowe organised his “50 somethingth” Thursday night pennant.



Thursday Night Grand finalists – L to R: Andrew Nicholas, Brian Lazzaro, Bruce Carter, Nok Pate, Andy Pate, Ann Crisp, David Auld (filling in for Ian Wrigglesworth) & John Meade.

Night pennant is designed to cater for players of all standards. If you require any further details about night pennants or to get your name on permanent player lists or the fill-in list please email theelms82@outlook.com or contact:

Tuesday Night	Karen Deschepper 0408 517 000
Thursday Night	Robin Lowe 0418 514 788

Many of our night pennant players will have just received their invoice for this season’s pennant. While the present DHHS Restricted Activity Directions mean that our night pennants are currently suspended, when we finally resume, we will try to play as many make up rounds as possible. If we can’t get most of our matches played we will then consider the most appropriate fee credit for each night. This is the same process we went through last pennant and this resulted in credits for Tuesday night players due to the number of matches missed. If you have been holding off paying your fees please be assured that the General Committee is very aware of ensuring all members get value for their pennant dollars and will strive for an equitable outcome.

Out and About

Keep us COVID Compliant - Scan In Every Time Please

When we can return to the Club please remember to check in – every time. When you check-in, you create a record of the time and date you visited our venue. This means that if there is a COVID-19 outbreak, contact tracers can quickly contact you. This may help to contain a COVID-19 outbreak if we are unlucky enough to have a local exposure.



We have QR codes on all doors and on the walkway into the Clubhouse to make the process easy. If you have forgotten your phone then please just sign the attendance record book available in the clubrooms. Please do your bit to keep yourself and our community safe and our Club compliant.

Orchard Update

After our last working bee we had a shout out for anyone who might be able to donate a citrus tree to our new citrus orchard planted on the terrace next to Court 1.

The Page family were down to the nursery in a flash and came back with a lime and a naval orange. This is a wonderful lasting contribution as an orange tree can live for over 100 years so it might still be there providing fruit and shade well into next century.

The trees are now in the ground and we are looking forward to the time when the trees are covered in fruit and we can incorporate the fruit into our kitchen (or bar) menus.

Rob Tatterson is our designated orchardist and he is watching his grove like a pro.

In addition to the lime and orange from the Page family our orchard contains a grapefruit, a lemon and a further orange tree compliments of the Lowe family.

Just watch us grow.

Right: Rachel Page ready to plant the lime tree the Page family donated.



Tennis Victoria Seniors

Our Tennis Victoria Seniors NRT event scheduled for August 13 – 15 fell victim to COVID-19 restrictions - a recurring theme unfortunately. Sale Tennis Club will now host an NRT in 2022 from May 20 to 22 where we are hoping to attract a field of over 80 players to our newly completed complex. Mark your diary and make sure to enter early as local support is crucial to the success of our events. If we can't attract a good field of players we risk not getting the event again in future years. Entries will open soon at [NRT Round Robin — Tennis Seniors Victoria](https://www.tennisseniorsvic.org.au/) or <https://www.tennisseniorsvic.org.au/>

Tennis Victoria Volunteers Lunch

John Ruskin, the 19th century English industrialist and philanthropist, theorised that “*There is no such thing as a free lunch.*” However in late May Tennis Victoria tested this theory with a Volunteers Lunch at Leonda by the Yarra in Hawthorn.

Volunteers from all over the State were treated to lunch and some tennis and sporting insights from Craig Tiley, the CEO of Tennis Australia and Director of the Australian Open and Olympic and Commonwealth Games legend, Steve Moneghetti.

Craig Tiley spoke on the challenges of delivering the AO during a pandemic and the issues that were faced both on and off the court in the lead up to and during the event. Issues such as players agreeing to lockdown, organising practice sessions during isolation, the public perception issues of players entering Australia from over 32 different countries, the snap 5 day lockdown in the middle of the event which cost the AO over \$35 million and planning for AO 2022 were all discussed.

Steve Moneghetti recounted his beginnings in long distance running and the fact that he was not considered to be a good runner in primary school. When attempting to join Little Athletics, his father was told that he was not wanted. He recovered from this early rebuff however to win many events including the 1994 Tokyo Marathon and the marathon at the Commonwealth Games in the same year in Victoria, Canada and competed in the marathon at four Olympic Games; 1988 in Seoul, 1992 in Barcelona, 1996 in Atlanta and 2000 in Sydney. His best performance in the Olympics was 5th place at Seoul in 1988.

In 2010 he was the Australian team's *chef de mission* for the 2010 Commonwealth Games in Delhi, India. This role was responsible for many humorous stories but what happens in Delhi stays in Delhi.

Sale TC was represented by Robin and Joan Lowe who were happy to have a day out to mix with a bunch of happy volunteers in between COVID lockdowns.



This all looks quite disturbing, and which one is the clown?

How do you have your coffee?

Many people can't imagine waking up without a coffee and Melbourne boasts more cafes per capita than New York. However you will find the world's biggest coffee consumers in the far north with Finland and Norway trying hard to stay awake in the land of the Midnight Sun.

75% of Australians drink coffee of which 28% have at least 3 or more cups daily. On average a single 8 gram espresso shot contains 71 coffee beans and 63 milligrams of caffeine.

Coffee Consumption

(Annually Per Capita - in kilograms)

- | | |
|----------------|-------|
| 1. Finland | 11.99 |
| 2. Norway | 9.99 |
| 3. Iceland | 8.99 |
| 4. Denmark | 8.69 |
| 5. Netherlands | 8.39 |

Australia comes in 42nd with a per capita consumption of 3 kg.

Who drinks what?

The most popular coffee orders in Australia:

- | | |
|------------|-----|
| Latte | 27% |
| Flat White | 25% |
| Cappuccino | 20% |
| Mocha | 18% |
| Espresso | 6% |



Coffee Production

(World production in 2020 was 163.7 million 60kg bags)

- | | |
|--------------|--------------|
| 1. Brazil | 61.7 million |
| 2. Vietnam | 29.5 million |
| 3. Columbia | 14.2 million |
| 4. Indonesia | 10.2 million |
| 5. Ethiopia | 7.5 million |

Who is making the big bucks from coffee?

Top 5 coffee organisations worldwide by annual revenue. (In US Dollars - billions)

- | | |
|-----------------|---------|
| 1. Starbucks | \$22.38 |
| 2. Tim Hortons | \$ 3.00 |
| 3. Panera Bread | \$ 2.87 |
| 4. Lavazza | \$ 2.40 |
| 5. Costa Coffee | \$ 1.70 |

Why is *any* of this even remotely important you ask? Well our Club was lucky enough to win a Nespresso Coffee Machine at the recent Tennis Victoria Volunteers lunch.

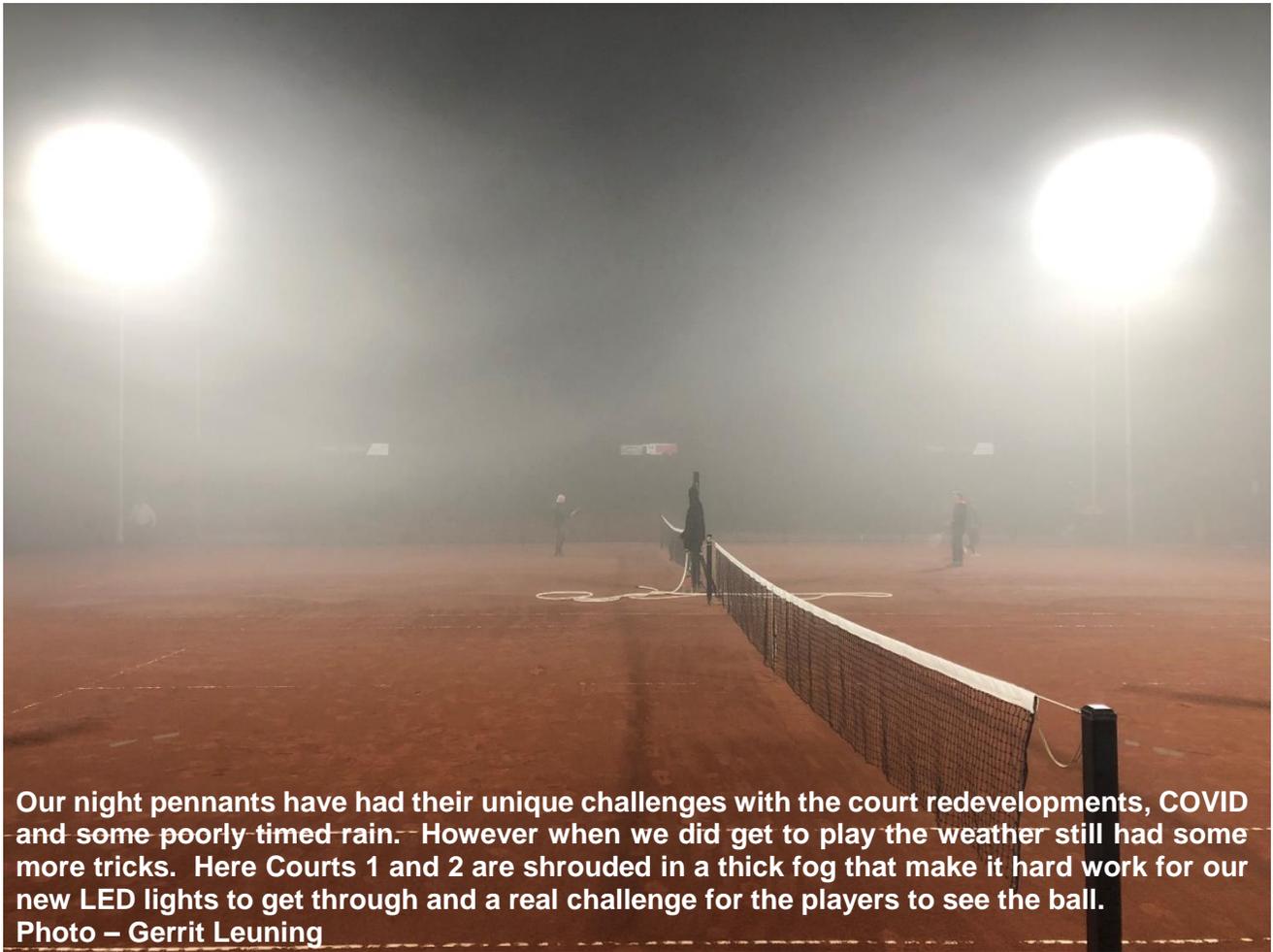
All coffee machines require two fundamental ingredients: coffee and water. Extraction is the process of extracting flavour from ground coffee. When hot water comes into contact with ground coffee, the chemical compounds and oils that give coffee its flavour dissolve and ride along with the water until they wind up in your cup, where you can enjoy them.

Nespresso machines use a process that they've dubbed "Centrifusion", which works by rapidly spinning ground coffee and water at 7,000 revolutions per minute to mix them evenly. The result is an extremely even extraction that can produce espresso-like crema without a high-pressure environment.

Now that you know all that, it is time to sit back and smell the coffee. Enjoy!!



Gorillas in the Mist?



Wild Boer on the Loose



Popular Thursday night and WGTA Premiership player, Sam De Boer, turns out to be a man of many talents. In addition to having the most enthusiastic approach to tennis (and life in general), we find that he is also a gun splitboarder. This was his first attempt at splitboarding and we can see he has already totally mastered it by the fact that he is still standing and not sporting any obvious broken limbs.

Love your work Sam.

(FYI - A splitboard is essentially a normal snowboard which splits into two halves. These halves become skis for travelling uphill, or touring. Sam didn't actually break it!)

Aussie World Rankings

Ranking	Name	Age	Ranking	Name	Age
18	Alex de Minaur	22	1	Ashleigh Barty	25
43	John Millman	32	49	Ajla Tomljanovic	28
63	Jordan Thompson	27	116	Astra Sharma	25
73	Alexei Popyrin	22	139	Storm Sanders	27
80	Nick Kyrgios	26	147	Madison Inglis	23
85	James Duckworth	29	155	Arina Rodionova	31
122	Christopher O'Connell	26	158	Lizette Cabrera	23
144	Alex Bolt	28	180	Pricilla Hon	23
150	Marc Polmans	24	186	Samantha Stoser	37
183	Thanasi Kokkinakis	25	217	Ellen Perez	25

Do You Have Old Balls?

Do you have a pair of old ball balls that never get used? Perhaps you have a whole box full?

Our Club sells used tennis balls to raise much needed funds to run our programs and maintain our facility.

So if you do have old tennis balls that you would otherwise just throw out please consider donating them to the Club instead.

Just bundle them up and bring them to the Clubhouse and we will take care of the rest.



Need a Tennis ID Number?

Most Tennis Australia sanctioned tournaments require a Tennis ID Number. As a member of Sale Tennis Club you may already have your number. If you don't know your number it is as simple as phoning Tennis Australia on 1800 752 983, give them your details, mention that you are a member of Sale Tennis Club and you will get the 12 digit number over the phone.



Sign Up to Team App

Want to be kept up to date with events at Sale Tennis Club? Download **Team App** on any iPhone or Android device and then search for Sale Tennis Club and request to join. Team App is a hub for our club's information and communication needs, sending instant notifications to members' smartphone or tablet. Team App allows us to send news, create events, upload photos and videos, and publish newsletters and much more. All content is sent securely and privately to members and allows us to keep in touch in a non-invasive way. Sign up today and you will get confirmation of your membership and start being kept in touch.



R U OK Day 2021

"R U OK Day" is on Thursday 9 September, 2021. It is a national day of action where Australians are reminded that every day is the day to ask, "Are you OK?" if someone in your world is struggling with life's ups and downs. A conversation can change a life. R U OK? aims to inspire and empower everyone to meaningfully connect with the people around them and start a conversation with those in their world who may be struggling with life. You don't need to be an expert to reach out - just a good friend and a great listener.

Use these four steps and have a conversation that could change a life:

1. Ask R U OK?
2. Listen
3. Encourage action
4. Check in

Responsible Service of Alcohol Training

Sale Tennis Club has a policy of sponsoring its members and their immediate family to complete Responsible Service of Alcohol training. It is one of the ways that we ensure that we live and breathe our Level 3 *Good Sports* accreditation.

If you are a Sale Tennis Club member and would like to complete RSA training please register your interest with Robin Lowe at theelms82@outlook.com

Quote

Comedian George Carlin's views on aging.

"Do you realise that the only time in our lives when we like to get old is when we're kids? If you're less than 10 years old, you're so excited about aging that you think in fractions.

"How old are you?" "I'm four and a half!" You're never thirty-six and a half. You're four and a half, going on five! That's the key

You get into your teens, now they can't hold you back. You jump to the next number, or even a few ahead.

"How old are you?" "I'm gonna be 16!" You could be 13, but hey, you're gonna be 16! And then the greatest day of your life You become 21. Even the words sound like a ceremony. YOU BECOME 21. YESSSS!!!

But then you turn 30. Oooohh, what happened there? Makes you sound like bad milk! He TURNED; we had to throw him out. There's no fun now, you're just a sour-dumpling. What's wrong? What's changed?

You BECOME 21, you TURN 30, then you're PUSHING 40. Whoa! Put on the brakes, it's all slipping away. Before you know it, you REACH 50 and your dreams are gone.

But wait!!! You MAKE it to 60. You didn't think you would!!

So you BECOME 21, TURN 30, PUSH 40, REACH 50 and MAKE it to 60.

You've built up so much speed that you HIT 70! After that it's a day-by-day thing; you HIT Wednesday!

You get into your 80's and every day is a complete cycle; you HIT lunch; you TURN 4:30 ; you REACH bedtime. And it doesn't end there. Into the 90s, you start going backwards; "I Was JUST 92."

Then a strange thing happens. If you make it over 100, you become a little kid again. "I'm 100 and a half!"

May you all make it to a healthy 100 and a half!!

Calendar of Events

- September 9 Are you OK? day
- September 12 Life Members Day – Sale Tennis Club - **Postponed**
- September 24 - 26 Spring Junior Tournament – Sale Tennis Club - **Cancelled**
- October 2 WGTA Pennant Commences
- October 2 – 3 Tennis Australia Community Coaching Course - **Sale Tennis Club**
- October 24 Sale Cup – Greenwattle Racecourse
- October 30 - 31 Judy Dalton Cup – 13/U Girls – Portland Lawn TC
- October 30 - 31 John Fitzgerald Cup – 13/U Boys – Castlemaine Lawn TC
- November 14 WGTA Championships – **Sale Tennis Club**
- November 28 Sale Tennis Club 69th Club Championships – **Sale Tennis Club**
- December 4 - 5 Alicia Molik Cup – 12/U Boys & Girls – Kooyong Lawn TC
- January 9 – 14 Australian Seniors Tennis Championships – Teams Week - Swan Hill Lawn Tennis Club
- January 16 – 21 Australian Seniors Tennis Championships – Individuals Week - Swan Hill Lawn Tennis Club
- February 5 WGTA Pennant Resumes
- February 13 - 18 Tennis Victoria Country Week – Swan Hill Lawn TC
- March 19 WGTA Qualifying Finals
- March 26 WGTA Grand Finals
- May 18 STC Annual General Meeting – 7.00 pm – Sale Tennis Club
- May 20 – 22 Tennis Victoria Seniors NRT Tournament – **Sale Tennis Club**

Have You Heard the News?

Do you have any news that you would like to include in the next newsletter? Just let us know at theelms82@outlook.com or phone Robin on 0418 514 788 and remember a picture tells a thousand words so be sure to send in a photo.

Email Addresses

If you have not yet provided your email address, or have changed your email address, please advise us immediately at theelms82@outlook.com and please tell your friends to do the same. (If you no longer wish to receive our newsletter just reply with “*Unsubscribe*” as the topic.)

Look us up at: play.tennis.com.au/saletennisclub or
<https://www.facebook.com/saletennisclub>

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