

NORTH RINGWOOD TENNIS CLUB SUNSMART POLICY

Skin cancer is a preventable disease. As Australia has a high rate of skin cancer, North Ringwood Tennis Club has implemented a range of strategies to help reduce the likelihood of developing skin cancer in its members.

Shade:

- The club will maximise the use of natural shade provided by buildings, trees and other structures.
- The club will provide permanent shade structures for spectator seating.
- The club will continue to provide shaded areas for the outdoor entertaining and child play areas.
- Individuals will be encouraged to bring their own shade structures to club events.

Clothing:

- The club will promote officials' and referees' use of sun protective clothing. This should include:
 - shirts or tops with long sleeves and a collar
 - wide brimmed or Legionnaires hats.
 - sunglasses
- The club will encourage players and coaches to wear tops with sleeves and collars
- The club will encourage players and coaches to wear hats whilst on the courts

Sunscreen:

- The club will encourage all users of the courts to apply SPF 30+ broad spectrum sunscreen prior to going on to the courts and to reapply every 2 hours.
- The club will make SPF 30+ broad spectrum sunscreen available during all day time competitions
- The club will sell SPF 30+ broad spectrum sunscreen whenever it runs a kiosk

Alternatively:

- SPF 30+ sunscreens will be promoted or provided by the club.
- Prior to training or playing in peak UV periods, players and participants will be encouraged to apply sunscreen to exposed parts of the body

Education:

- The SunSmart policy will be made available on the club's website
- The club will incorporate a positive SunSmart message for daytime event information
- Club officials will act as suitable SunSmart role models

This sun protective policy will be reviewed annually to ensure that the document remains current and practical to the club's requirements.

Date: Oct 2012