

TO REGISTER OR FURTHER INFO TEXT 0402 736 693 or EMAIL INFO@SOUTHGIPPSLANDTENNISCOACHING COM AU

SOUTH GIPPSLAND

STENNIS COACHING

## 2023 SCHOOL HOLIDAY

## Tennis Coaching Clinic information flyer

## From Monday 18th to Thursday 21st September

3 hour tennis coaching sessions

Group 1: 9am to 12pm

Group 2: 9.30am to 12.30pm

Group 3: 10am to 1pm

Group 4: 10.30am to 1.30pm

Red Ball (8&U), Beginner, Intermediate & Advanced Start time confirmed via text on Friday 15th

If a group exceeds 8 participants, a new group will run 11am to 2pm

Private lessons are available from 2:00pm \$40/half hour; \$55/45 min; \$70/hour

Monday to Wednesday: Tennis coaching clinic
Each session will include:
30 min of fitness, footwork & game based activities.
30 minutes techincal-day 1 f/h & b/h, day 2 serves, day 3 volleys & smashes
30 minutes serving practice + 3 serving drills/games
60 minutes supervised & coached match play

Thursday 9am to 3pm - Singles & Doubles Round Robin Tournament

Cost: \$40pp per day; Tournament \$25; All 4 days \$125

Family discounts available - just ask!

To register simply text your name & preferred group to Matthew Pocklington 0402 736 693

This program is ran by South Gippsland Tennis Coaching at Leongatha Tennis Club