

Craig Mousley Tennis Academy

Tennis SA Professional Coach of the Year 2005 & 2009

Tennis Australia

Talent Development Coach

ANZ HOT SHOTS COACHING PROGRAMME RED BALL

4-7 year olds ****FREE RACQUET**** (max 4 students per coach)

CARDIO TENNIS

A great fun workout to music for all standards. Women burn a minimum 300-500 Calories per session and Men 500-800 Calories!!!

DEVELOPMENT SQUADS ORANGE/GREEN BALL

ages 8+ (max 5 students per coach)

Technical Development, Match Tactics, 45-60 minute lessons

TALENT SQUAD (invitation only) Tournament Players,

Tactical Match Play, Advanced Stroke Production

ADULT CLASSES – Relaxed Atmosphere

PRIVATE COACHING – 30 to 60 minute lessons

ANZ HOT SHOTS GAME PLAY – a modified game for beginners. The perfect stepping-stone to club tennis!

CRAIG MOUSLEY  **0412 262 006**

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GOLDEN GROVE TENNIS CLUB

Tilley Reserve Corner Hancock & Yatala Vale Roads Surrey Downs

