

PRESIDENT'S REPORT

Hello to all members and welcome to the Spring edition of Topspin.

We can really see that Spring is here judging by the increased activity at the Club and the great weather we have been experiencing. And with the commencement of Spring has come a really busy time for the Club with the completion of the Club Championships, the holding of the Annual General Meeting, and the Season Opening afternoon tea.

Firstly, congratulations to all of our well-deserved winners and indeed to the runners-up: the tennis played was of a very high standard and you can all be proud of yourselves.

The Club was honoured to have the Mayor of Town of Cambridge, Ms Kerri Shannon, come along to open the new tennis season at afternoon tea recently. We, as a Club, are grateful for all of the support that the Town of Cambridge does provide, and we look forward to continuing this positive working relationship.

I would also like to thank all of you who attended the recent AGM. We had a really great turn out and I am honoured to have the opportunity to once again serve you as President of our great tennis club for the coming year. And many thanks to our outgoing committee members: Art, Mal and Mark – I would once again like to thank them for the tremendous effort that they put into the running of the Club over the past year.

And congratulations and welcome to the new members of the committee:

- Sue Walsh (Membership)
- Phil Weerakody (Ordinary Committee Member)
- Anne Hales (Ordinary Committee Member)

I hope that all Club members will support our new committee to ensure the continued successful operation of Floreat Park Tennis Club.



Rob Nakhoul

CAPTAIN'S REPORT

Allow me to introduce myself. For those who don't know me, my name is Adrian Fowler and I accepted the nomination to be club captain at the recent AGM and I consider it a privilege to be elected. Thanks for the vote of support.

I would like to take this opportunity to sincerely thank Art Ferreira for a great job over the past year as Captain accommodating some challenges along the way.

Thank you to Art and Fred Santich for covering for me during the short handover period as I organised some prior work commitments.

I'm looking forward to getting more involved with the running of more aspects of tennis within the club and working closely with coaches and fellow members.

The introduction of the new computerised system to manage social tennis has by and large been a successful one. We are continuing to learn how to optimise this as best we can and we ask your patience and assistance in getting the best out of this going forward.

The final matches of our club championships have recently been completed and congratulations to all participants.

Event	Winners	Runners-up
Mens Singles	Peter Le Brun	Giri Sitham
Mens Doubles	Peter Le Brun/Phil Weerakody	AndyMackechnie/Ashley Jones
Mixed Doubles	Peter Le Brun/Sally Keady	Phil Weerakody/Nicki Davies

We have the VETS tournament coming up on the weekend of 9-10 October. Thanks so much to Nick Bertelli, Catherine Dolphin and Phil Nadebaum for getting this up and running. There is still room if you would like to enter a team.

Additionally, if you're able to assist with catering over that weekend, please contact Denise Cramer

If you have any queries please contact the Club Captain as below

Adrian Fowler

Mobile: 0419 883273

Email: fowlera152@gmail.com



***Peter Le Brun & Phil Weerakody
Mens Doubles Champions 2021***



***Andy Mackechnie & Ashley Jones
Mens Doubles Runners Up 2021***



***Fred Santich with Sally Keady & Peter Le Brun
Mixed Doubles Champions 2021***



***Phil Weerakody & Nicki Davies
Mixed Doubles Runners Up 2021***

MORE RESULTS OF CLUB CHAMPIONSHIPS 2021

THE BEST WAY TO IMPROVE

I have often been asked over the years....“What is the best formula to improve my tennis game quickly?”

Seems like a reasonable question and should be relatively easy to answer but as with many things if you scratch the surface the complications begin to appear. As we well know we are all individuals and a method that might suit one player may not suit another. Some players thrive on grinding out the hours of repetition on the practice court while others need more refined, short bursts of productivity with quality practice sessions to attain the best results

The old adage “practice makes perfect” has been adjusted to “perfect practice makes perfect”

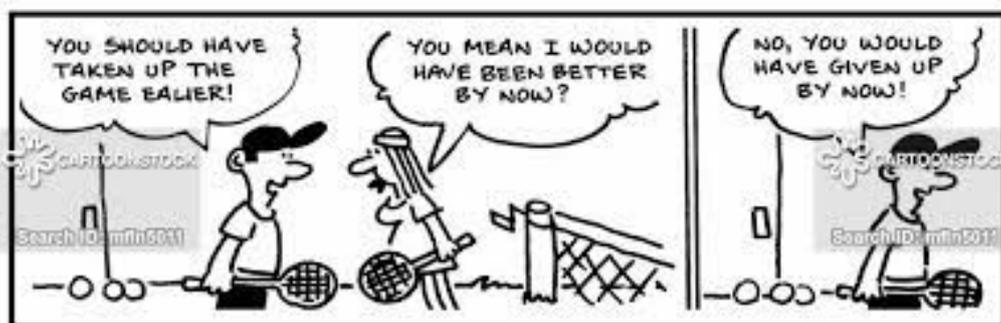
However, having been cornered on this question, I have arrived at a formula which I think suits most players and can be adopted and adjusted by players to suit their individual traits – it is as follows:

PRIVATES PLUS = BEST IMPROVEMENT

The “Privates Plus” section of the formula are (high quality) one-on-one private lessons with your coach and the “PLUS” is a combination of practice components which I will list below:

The practice components can include drills squads, squad practice under supervision, “feeder” coaches feeding a plentiful supply of balls, ball machine, bumping board and good quality practice with a player of similar level

How much practice is up to each individual but it is important to factor in fatigue and injury and once these are under control knock yourself out hitting balls!!



Rob Casey

Tennis Professional

Mobile: 0422 210 729

SOCIAL REPORT

I feel it has been a very busy time at Floreat Park Tennis Club over the past 3 months mainly off court as we have had some very cold and very wet days!!

July saw about 40 club members get together for an Aussie Spit Roast. The small intimate crowd thoroughly enjoyed the chilled vibe created by guitarist and vocalist Charlie Scott with his countryish cover songs. Aussie Spit Roast owned by club member Riann provided us with beautiful roast pork and lamb accompanied by salads and roast potatoes. This was followed by some traditional Aussie desserts of pavlova and trifle skilfully made by Anne, Antonette, Lesley and Mimi.

The Clubhouse was transformed brilliantly into a rustic outback themed Aussie farm shed complete with hay bales, hessian wool bags and cow hides. Thank you to Sally Keady, Antonette Kennedy, Jan Yeo and Mimi Thet for your help in providing some great props and setting up the room. Also thank you to the wonderful people who came back on Sunday to help with the cleaning up - Adrian Fowler, Michelle Kelly, Michael Eyre, Anne Hales, Lesley Nourse, Antonette Kennedy and Jan Yeo. Social functions are not possible without our wonderful volunteer bar staff so a huge thank you to John Strachan, Ryan Anderson and John Lemmon for another fantastic job.

2021 saw the return of the ever popular Quiz Night on August 21st. Once again our resident quizmaster, Michelle Kelly wrote a thoroughly challenging quiz putting our



minds to the test. The lead changed a few times throughout the evening but ultimately Andy's table of Glenn Liew, Phil Sealy, Peter Lebrun, Anne Hales, Philip Weerakody, Scott Bulloch and Paul Courtis held supreme over Lesley's table (2nd place) and 7 other competitive tables. Table sheet quizzes, rough or smooth games and a plasticine moulding competition saw plenty of prizes won by other participants. Multi-talented Fred Santich performed the

role of MC brilliantly and kept a noisy crowd in check. Thank you to our quiz operator Ramesh, Mechiel for converting the quiz to power point and Mike Eyre for providing screen and projector and our wonderful volunteer bar staff for keeping everyone hydrated and making it a great night.

Our annual Club **Christmas Party** is to be held as usual on the first Saturday in December. So put it in your diaries now **DECEMBER 4TH!!** Hope to see you all there!

Denise Cramer

MEMORIES OF AN AUSSIE SPIT ROAST



OVER 35'S MIXED TENNIS TEAMS TOURNAMENT

Floreat Park Tennis Club is due to host the Over 35's mixed teams tournament after a 3 year break, on 9th and 10th October 2021. The format is innovative where 6 teams will be placed into 4 divisions, with teams competing to win their division.

We encourage FPTC players to form a team and thank those who have entered a team this far.

Good luck to all teams, and look forward to seeing you on the court on 9th & 10th October.

Tournament Committee
Catherine, Nick & Adrian
floreatparktennis@gmail.com





Thanks again to the very talented and really really nice guy, Peter Garvey who is able to produce these cartoons on request. Remember that the framed originals are available to buy in the clubhouse for \$50 with 100% proceeds going to support charity.

The following are emails received regarding past FPTC members:

I am sad to advise that I can no longer be a playing member of FPTC.

*My husband Stephen and I joined the club soon after we arrived in Perth in 1974..
We both played pennants and enjoyed every social event that was offered.
Many of our present friendships were developed from club members.*

*After hip replacements some years ago, Stephen was forced to resign from tennis.
Only a month ago I was thoroughly enjoying Wednesday morning play with ex-pennant friends, a group that has been together since 2000.
My ambition was to play until I celebrated my 80th birthday, but unfortunately shoulder damage has prohibited this idea, some 21 months short of target!*

Stephen and I are thrilled to see how prosperous our club is, and I would love to be accepted as a social member in order to keep up with happenings from a club that has been so important to us over the years.

*With kind regards
Marion Barnes*

Dear Membership Secretary

I have just recently returned home from an extended stay in hospital due to a very significant illness. I have been advised by my doctor that I cannot play tennis in the immediate future, indeed it is possible that my tennis playing days are over, so I would like to ask to hold off paying my annual fees at this time until I have clearer understanding of the long-term situation with my health.

*Regards
Margaret Anderton*

TOPS TIPS FOR BETTER MOBILE PHOTOGRAPHY

With all the rain preventing play for the last couple of months tennis news is a bit scarce. To enable me to capture interesting content for FPTC Topspin I enjoy being able to publish photos of social events and tournaments.

However, my biggest disappointment is that sadly many photos I receive are of poor quality or content, so I am unable to upload them satisfactorily. Now I am not going to profess to being a great photographer either so I have googled some top tips that might assist you in taking better photos with your mobile phone. I have also included a few of my observations.

Clean your lens

I know it sounds obvious, but your mobile spends its day with whatever is in your pocket or handbag.

Stick to Outdoors and use natural light where possible - it's best to take photos outdoors in the proper lighting conditions to get better results

Avoid Digital Zoom - simply move closer to maintain the image quality. Get up close and personal with the subject in the photo. We are all friends here – don't be afraid to take half a minute to take a few steps forward. And while you are there ask someone to move the bag behind the subject or the table or the chair in the way. Nobody wants half the photo with the table and the other half with the person.

Use the Landscape Mode

Use the landscape orientation rather than the portrait orientation for some of your shots. The landscape orientation allows you to fit more into the photograph and is perfect for taking pictures of large groups of people as well as nature photos.

Use Editing Tools

You have easy access to editing tools, whether in the camera phones built in editor, or by using more advanced phone apps like Adobe Lightroom or Photoshop. Using these apps you can crop and touch up your photos in seconds. It is very time consuming for the editor to try and edit a large quantity of photos and it would be awesome if the photos were already edited.

Please continue to send me photos of events (preferably large size) also information you consider appropriate to pass on to the members. My email is leonieedwards@westnet.com.au or mobile 0438 180 960.



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Having founded Abel McGrath, and after 13 years of phenomenal growth and award-winning success, I am proud to announce our re-brand. Abel McGrath the Property People, Leederville and Subiaco and now Cottesloe, will now be simply **Abel Property**. Our merger with Olifents real estate in Cottesloe, allows us to fully service the greater Western Suburbs and beyond.

We are in the People business. Yes we sell and manage property, but it is our passion and skill for working with real people -sellers, buyers, landlords and tenants, that set us apart. We truly believe that our success can only be achieved through your success. YOU are the



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2021/2022 COMMITTEE MEMBERS IN DECEMBER EDITION



2020/2021

COMMITTEE MEMBERS



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Robert Nakhoul



VICE PRESIDENT
Fred Santich



CAPTAIN
Artur Ferreira



CLUB MANAGER/HEAD COACH
Andy Mackechnie



SECRETARY
Helen McCready



TREASURER
Mark Charlton



PROPERTY MANAGER
Philip Nadebaum



SOCIAL COORDINATOR
Denise Cramer



MEMBERSHIP COORDINATOR
Russell Ward



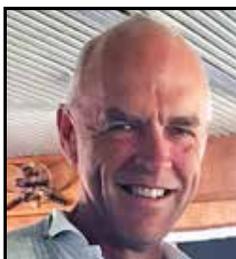
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VICE CAPTAIN
Lesley Nourse



VICE CAPTAIN
Philip Sealey



VICE CAPTAIN
Jan Yeo