

# TOPSPIN



*Well done to Rob Casey's team. Triumphant in the Battle of the Coaches!*

**MARCH 2021**

## PRESIDENT'S REPORT

Hello to all members and welcome to the Autumn edition of Topspin.

I hope everyone has been enjoying their tennis over the summer – yes we've had some really hot days and some rainy ones as well but I think all in all it's been pretty reasonable weather for this time of year as evidenced by the numbers that have been down at the club.

Australia Day saw the Club keep up the tradition of playing a few sets of social tennis followed by a champagne breakfast. The event was very well attended – I dare say the busiest it has ever been. Whilst this is a controversial day in many circles of our broader community, we can at least celebrate the fact that so many of us come from different cultural backgrounds and reflect on how lucky we are to live in this country and indeed have the opportunity to be part of the best tennis club in Australia. Thank you to Denise for organising the breakfast and to Art for organising the sets on the day.

I'm happy to report that the Club has a new website and that this is now up and running. The new website is hosted through Tennis West and the platform provides us with an easier way of managing our communication and updating the website in general. Many thanks to Russell for guiding us through this transition and the assistance provided to him by Mal and Nick.

The club recently purchased new outdoor tables and chairs for the bar area which I am sure you will all agree does give the area a much-needed face lift. I guess the proof was in the pudding given that on the first Saturday after they were put in place, the majority of people sat outside leaving an almost empty bar inside. Many thanks to Fred for organising the purchase of and assembly of the new furniture.

The Club Championships are just around the corner so please make sure you get your entries in soon. It is great to see the event back on the calendar given its cancellation last year due to COVID. I would like to wish all those participating the very best of luck over the coming weeks.

And finally, I would like to take the opportunity to extend my best wishes to you all for a relaxing and safe Easter break (and remember not to over-indulge in chocolate!). In the meantime, please continue to enjoy your tennis and I look forward to seeing you all down at the Club.

***Rob Nakhoul***

# CAPTAIN'S REPORT

## **SENIOR CLUB CHAMPIONSHIPS 2021 - REMINDER**

Entries have been coming in steadily and my thanks to those of you who have submitted their nominations early. To those of you intending to play in the Championships but have not yet acted on your entry, please do so as soon as possible. An early response from you will make it that much easier in planning the events across the three weekends of the Tournament.

The competition will run over the following dates: 10/11th, 17/18th and 24th April.

**CLOSING DATE FOR ENTRIES IS 5TH APRIL 2021.**

Juniors may enter any event.

More information concerning the competition events are on the Entry Form which is following and can also be picked up at the desk at the clubrooms. There is no fee payable to participate in the Tournament.

A number of players have entered the Championships but are also playing in the **Battle of the Parks** event at Royal Kings Park TC organised by Andy for 3.00pm on Sunday 11th April. In the interests of progressing the Championships, these players need to be aware they may well also be expected to play a match at FPTC on the morning of Sunday 11th April.

Entries for the Championships can be emailed to [arthurferreira@optusnet.com.au](mailto:arthurferreira@optusnet.com.au) or handed to Andy (Club Coach of Phil S/Lesley/Jan Y (Club vice-captains) or placed in the mail slot at the Sets Desk located in the Clubhouse.

***Best wishes for a safe and happy Easter.***

***Art Ferreira***



**Floreat Park Tennis Club**  
**SENIOR CLUB CHAMPIONSHIPS 2021**

**Week ends 10/11 and 17/18 April 2021 : Finals on Sat 24 April**



**Name:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Tel Number:** \_\_\_\_\_

<b>Events</b>	<b>Partners Name (Leave blank if you require a partner)</b>	<b>Tick to Enter</b>
<b>Mens Singles</b>	----- -----	
<b>Ladies Singles</b>	----- -----	
<b>Mens Doubles</b>		
<b>Ladies Doubles</b>		
<b>Mixed Doubles</b>		

**Entries close on Monday 5th April 2021**

**Please advise any times that you are unable to play** \_\_\_\_\_

**All matches will be the best of 3 Tie Breaker sets except the 3rd Set will be a Super Tiebreaker**

**Any enquiries, please contact Art (Club Captain) : 0421 027 466**

**Entries can be emailed to [arthurfemeira@optusnet.com.au](mailto:arthurfemeira@optusnet.com.au)**

**or, handed to Andy (Club coach)**

**or, handed to Phil S / Lesley/ Jan Y (Club vice-captains)**

**or, placed in the mail slot at the Sets Desk located in the Clubhouse**



## PROPERTY REPORT

Continuing the ongoing program of upgrading our facilities members will have noticed the new flooring to the foyer and the new outdoor furniture to the alfresco area. Please do not move the new furniture beyond the alfresco area. Several other initiatives are in the wind.

The Town of Cambridge continues to carry out maintenance as required with window repair and some painting the most recent work and door lock repair and shade sail work in progress.

The Club is always looking for practical ideas for improvement of our facilities so if you've got any good ideas don't hesitate to let a committee member know about them!

***Phil Nadebaum***



*Members enjoying the new and comfortable outdoor tables and chairs. Bravo!*

## SOCIAL REPORT

The first quarter of 2021 has been very busy at Floreat Park Tennis Club with lots of tennis and social events. Hopefully you have had a chance to view the Club's new website where you can view the Club's social activities, as well as sign up to attend events. We are encouraging members to use this platform for all things tennis as we are endeavoring to update it regularly, this also assists in planning future events.

Recently the social committee asked members at Saturday social to fill out a short survey regarding their thoughts on social activities at the Club. This survey has now been extended to all members via the link below as the social committee is keen to gain your thoughts and feedback (link can also be found on the Club's new website).

[https://www.surveymonkey.com/r/2021\\_FPTC\\_Social\\_Committee\\_Survey](https://www.surveymonkey.com/r/2021_FPTC_Social_Committee_Survey)

**Australia Day** was marked once again with the Floreat members donning the green and gold during play, followed by a champagne breakfast, and being "true blue", sang the National Anthem. Thank you to all the wonderful helpers in the kitchen especially Leonie, Mimi and Cris.

On February 20th Saturday's social tennis was followed by a "Play N Stay" and instead of the usual sausage sizzle, we opted for pork sliders which were very popular with the many members who stayed to enjoy the camaraderie of fellow members at the Racquet Bar whilst watching the Australian Open women's singles final on TV.

Please note that there has been an update in the Racquet Bar with a new selection of wines available, thanks to the Saturday Tennis crew for taste testing. Hopefully everyone will find something palatable!!

The Summer Pennant season inaugural windup was held on Friday 26th March at the club with drinks, nibbles, awards, games and karaoke. All 11 pennant teams were represented and the captains spoke of their season whilst Tennis West League Coordinator Loretta Hughes congratulated Saturday Ladies Open Division 5 and Wednesday Open (12s) Division 2 teams on their grand final wins. The Monday Ladies F4 Division 1 final is to be played on Monday 29th March at Floreat and we wish them luck. Many teams highlighted that friendship within their teams was an important quality to them enjoying the pennant season. I would like to thank Nick Bertelli for a fabulous job MCing, Anne Hales (Senior Pennant Coordinator) for her help in organising the evening, and Jan Yeo and Mimi Thet for their contributions in the kitchen.



*Helen, Penny & Leonie accepting certificate from Tennis West.*

**Denise Cramer**

# COACH'S REPORT

Hi All,

As another summer season comes to an end, it has been great to see so many of you playing whether it be at Social, Pennants, Box leagues or just a friendly hit. Hopefully, we can continue that enthusiasm into the most important time of the year – The Club Championships.

I would like to take this time to say a big thank you to our Pennants coordinators Connor Malen (junior) and Anne Hales (senior) who have done a great job in putting scores in and communicating with all the players and team captains.

Congratulations to all pennant's players, especially those who were playing for the first time.

A special mention to our teams who made the final. In the juniors we had 2 teams - 13 years & under teams who just lost out in the final and our Boys 15 years & under team lost in a nail biter.

In the Adults competition a massive well done to the Saturday open Ladies who won their division in an Epic final at FPTC and only lost one match all season.

We also have 2 ladies' teams who are still going for Glory, Ladies Monday Night Fast4 division 1 team and the Wednesday open Ladies Doubles who are playing in the final on the 24<sup>th</sup>. Come down and cheer them on!

*At the time of print the Wednesday Open Ladies Doubles players were triumphant winning the Grand Final last Wednesday!*

**Andy**

## **2020/21 Saturday Women's Open TW Division 5**



*Penny Digiovanni, Leonie Edwards,  
Jackie Yip, Ffion Buzza*



*Jackie, Helen Donovan, Leonie, Ffion GF team  
Penny broke her wrist 2 weeks ago.*

## **2020/21 Wednesday Women's 12s D TW Division 2**



*Denise Cramer, Sonya Krishnan, Catherine Dolphin,  
Deb Singleton, Linda Arnold, Sally Keady*



## COACHES TIP

When volleying, your racquet head should always be above your wrist. This creates a strong forearm which in turn will allow a solid contact point with the ball.

**What to do when winning the spin for service?** With Club Champs just around the corner here are a few pros and cons when deciding.

### ***Choose to serve first.***

**Pros:** if you can hold your serve you will always be ahead creating scoreboard pressure.

**Cons:** Pressure is on from the first point, if not warmed up correctly there is a high chance that your serve will be inconsistent.

### ***Choose to Receive First***

**Pros:** Gives you a game to settle into the match without the added pressure of being expected to hold serve. Usually, the easiest time to break service is early before opponent finds rhythm.

**CONS:** If your opponent holds serve, you will have the added pressure of being behind in the score and opponent's confidence will grow.

## MONTHLY MUG WINNER



Congratulations to John Organ - winner of the first Mug of 2021!



## CONSIDER THE 7 “P’S”

As the year buzzes by at a rate of knots the Australian Open 2021 is a distant memory. For me the best viewing was the Men’s matches and the snippets of their warm up routines. Many of us are familiar with the Seven “P’s” and the many variations but they go something like:

### ***Prior Proper Preparation Prevents Piss Poor Performance***

As I have progressed in age I believe when it comes to physical exercise the Seven P’s have become more valuable.

I was fortunate to be in a winning pennant team this season. For me preparation for the Saturday of the final began days before. As it was going to be very hot hydrating the body should begin at least a couple of days before the event. Being mindful of nutrition and increasing protein and carbohydrates was also important.

As the Club Championships approach I asked Rob Casey for his advice and tips for match preparation:

*Preparing for tennis matches (or any sporting event for that matter) has always been an important factor in performance but has become a science in itself at the elite level. The care that is taken by top professionals in all sports for warm-up procedures, diet, hydration and pre-match strategies can be the difference between the level of performance attained by athletes.*

*Time is a crucial factor in this pre-match process depending on the time of the event, the weather conditions and the variations in a player’s body-clock to adjust to scheduling I have listed below some important tips as you prepare for your match:*

*1 - You need some “hours” before the match for your body to “wake up”, get food and fluid into the system and generally “get going” before starting the pre-match process. This amount of time varies between people. However, for a 9am tennis match I would need to be up at least 3 hours before the scheduled 9am start. Similarly, if playing a match at 1.00pm I would not want any solid foods for at least an hour before the match. The types of food are also very important pre-match and general information in this area is easy to find.*

*2. – Amount of warm-up time vary amongst individuals also but at least a half hour (making sure all shots are practiced including overheads) is useful with at least a half an hour between the warm-up process and the scheduled match. (The pre-match time for top tennis players would be at least an hour but would be a considerable amount of time before the scheduled match)*

*3 – The debate on stretching continues with no satisfactory conclusion but in my opinion is an essential part of the warm-up process.*

*4 – Personal routines (such as showering after the warm-up before the match) are numerous and can be as important psychologically as physically in the pre-match procedure – choose your own.*

*5 – A certain amount of space is an essential in the pre-match routine for many athletes and allows time to reflect on strategies and get into the upcoming match mentally so if this suits you find a quiet place to prepare without interruption.*

*6 – In conclusion, we are all individuals and no pre-match procedure is right for all. Take time to experiment and build a routine that suits you and the schedule you have been allocated. There are some “rights” and “wrongs” so ask one of the coaches for a chat to fine-tune your pre-match preparation.*

## **Rob Casey**



## ANNUAL BATTLE OF THE PARKS

The annual Battle of the Parks Tournament will be held at Royal Kings Park Tennis Club on Sunday 11th April.

Andy's "Dream Team" has been selected to compete against Andy's childhood friend and always fierce competitor Ryan Maxwell's RKPTC team. Spectators are very welcome.



For each edition of Topspin, the very talented **Peter Garvey** produces a topical cartoon. I have collected the original drawings and presented them in a frame. These framed originals are available for purchase at \$50 each. All proceeds from the sale of these framed originals are being donated to MSWA. They are on display in the club room. Please consider purchasing one of these funny drawings created by a very skilled cartoonist.



So many opportunities to play tennis at FPTC .....

### **Want to play Box Leagues?**

If you would like to join the box leagues, please SMS Andy at 0450 040 960

### ***How does it work?***

Each box has either 4 or 5 players in it, you'll have a 3 week period to play the players in your box. At the end of 3 week period, all scores will be added up with the player with the most wins getting promoted to the next division up. The player with the least amount of wins will be relegated a division. Remaining players will stay in the division.

### ***Scoring Format***

Matches will be best of 3 sets, with a Match Tie-Break (first to 10) to be played if set score is 1-1 to decide.

### ***Arranging Matches***

Matches are to be organised by the players.

Contact details will be provided.

For court bookings, contact Andy 0450 040 960.

Cant make it to the club??? You can still feed your tennis addiction with the tennis quiz on the website!

<https://www.floreatparktennisacademy.net/quiz>





# AUSTRALIA DAY BREAKFAST



# PENNANT WINDUP







**INTRODUCTION OFFER  
HALF PRICE ON A 10 PACKAGE  
WHEN YOUR CHILD ENROLS INTO JUNIOR  
PROGRAMME\***

**\*Applies only to Adults enrolling  
into the programme for the first time**



**FLOREAT PARK  
TENNIS ACADEMY**

## **ADULT PROGRAMME**

### **MONDAY**

**ADVANCED MORNING DRILLS**

**9-10.30AM JUSTIN**

**RUSTY RACQUETS**

**6.30-8PM JASON**

### **TUESDAY**

**RUSTY RACQUETS**

**6.30 - 8PM JACKIE**

**EVENING DRILLS**

**6.30-8PM JASON**

### **WEDNESDAY**

**RALLY RACQUETS**

**6.30-8PM JASON**

### **THURSDAY**

**EVENING DRILLS**

**6.30-8PM JASON**

### **FRIDAY**

**INTERMEDIATE MORNING DRILLS**

**8-9.30AM ANDY**

### **SATURDAY**

**RALLY RACQUETS**

**8-9.30AM JASON**

**BANK TRANSFER ANDREW MACKECHNIE**

**BSB:066 104 A/C: 1023 8917**

**MEMBERS**

**ONE CLASS / 10 PACKAGE**

**\$20 / \$180**

**NON MEMBERS**

**\$24 / \$220**

**TO AVOID DISAPPOINTMENT PLEASE BOOK IN WITH COACH OF THE CLASS  
YOU WOULD LIKE TO ATTEND**

**SMS JUSTIN - 0435 360 842**

**SMS JASON - 0404 231 503**

**SMS ANDY - 0450 040 960**

**SMS JACKIE - 0412 939 939**



# EASTER HOLIDAY TENNIS CLINIC



PROFESSIONAL: ANDY MACKECHNIE  
FLOREAT PARK TENNIS CLUB  
CNR THE BOULEVARD AND SELBY STREETS, FLOREAT  
FOR JUNIOR COACHING ENQUIRES  
CONTACT 0403 531 045  
EMAIL: JUSTIN@FLOREATPARKTENNISACADEMY.COM  
WEBSITE: WWW.FLOREATPARKTENNISACADEMY.NET

**RED BALL CLINIC**  
**4-7YEARS**  
**9-10.30AM**

**ORANGE BALL CLINIC**  
**8-10 YEARS**  
**9-12NOON**

**GREEN BALL CLINIC**  
**10-12YEARS**  
**9-12NOON**

**JUNIOR CLINIC**  
**12-15YEARS**  
**9-12NOON**

**RED BALL CLINIC**  
**DAY: \$24**  
**WEEK: \$96**

**ORANGE, GREEN & JUNIOR CLINIC**  
**DAY: \$42**  
**WEEK: \$168**

## **WEEK 1:**

**MONDAY 5TH - FRIDAY 9TH APRIL**

## **WEEK 2:**

**MONDAY 12TH - FRIDAY 16TH APRIL**

**FRUIT AND SAVOURY SNACKS WILL BE PROVIDED FOR MORNING  
TEA.**

**PLAYERS SHOULD BRING THEIR OWN WATER**





**Club Professional: Andy Mackechnie**  
**Floreath Park Tennis Club**  
 Cnr The Boulevard and Selby Streets, Floreat  
**For Junior Coaching enquires contact Justin: 0435 360 842**  
 Email: [justin@floreathparktennisacademy.com](mailto:justin@floreathparktennisacademy.com)  
 Website: [www.floreathparktennisacademy.net](http://www.floreathparktennisacademy.net)  
 Mailing Address: PO Box 46, Scarborough WA 6922

Welcome to Floreath Park Tennis Academy and the coaching programme at Floreath Park Tennis Club. The Coaching Team is made up of Andy Mackechnie, Justin Manaf, Jason Hiew, Alex Slaidina, Jackie Yip and Hannah Walsh.

### **JUNIOR COACHING PROGRAMME**

<b>Term 2, 2021 Coaching Programme – 11 weeks starting Monday 19<sup>th</sup> April 2021</b>			
<b>Class Type</b>	<b>Days Available</b>	<b>Time</b>	<b>Cost (Inc. GST)</b>
BLUE BALL	TUESDAY SATURDAY	4:00 - 4:30 PM 8:30 - 9:00 AM	\$113
RED BALL	MONDAY & THURSDAY WEDNESDAY SATURDAY	3:45 - 4:30 PM 4:30 - 5:15 PM 7:45 - 8:30 AM 8.30 - 9.15AM	\$159
ORANGE BALL	MONDAY, WEDNESDAY & THURSDAY SATURDAY	4:30 - 5:30 PM 8:30 - 9:30 AM 9.15 - 10.15AM	\$221
GREEN BALL	MONDAY & THURSDAY SATURDAY	4:30 - 6:00 PM 9:00 - 10:30 AM	\$264
YELLOW BALL	MONDAY & THURSDAY SATURDAY	4:30 - 6:00 PM 10:00 - 11:30 AM	\$264
SILVER SOCIAL	TUESDAY	4:30 - 6:00 PM	\$264

**Early Bird special 10% off when you pay for Term 2 BEFORE the 1<sup>st</sup> April.**

**Blue, Red and Orange Ball classes will have a maximum of 6 players per coach.**

## CLASS DESCRIPTION

### BLUE BALL CLASS

This class will be for our littler Champs starting tennis for the first time! This class will focus on games and skills to improve hand eye coordination but most importantly lots of fun to start their Tennis Journey.

(THE BLUE BALL IS 75% SLOWER THAN YELLOW TENNIS BALLS)

### RED BALL CLASS

This Class is designed for players who have progressed from BLUE BALL or have little or no Tennis experience, with a balance of basic technique and movement along with fun games it's a great way for your Little Champs to begin their tennis journey.

(THE RED BALL IS 75% SLOWER THAN YELLOW TENNIS BALL)

### ORANGE BALL CLASS

This Class is designed for players who have either progressed from RED BALL or have had some basic tennis teaching. This class will focus on footwork and control of both Forehand and backhand, it will also introduce the basic serving technique.

(THE ORANGE BALL IS 50% SLOWER THAN YELLOW TENNIS BALL)

### GREEN BALL CLASS

This Class is designed for players who have progressed from ORANGE BALL and will focus on control of tennis ball with spins, developing movement to and from the shots, correct scoring and volley technique.

(GREEN BALL IS 25% SLOWER THAN YELLOW TENNIS BALL)

### YELLOW BALL CLASSES

This class is designed for players who have progressed from GREEN BALL and will focus on technique to increase power and control on all shots and will also introduce basic singles and doubles strategy along with court etiquette.

(NORMAL YELLOW BALLS USED)

### SILVER SOCIAL CLASS

This class has been designed for Teenagers who enjoy Tennis without too much teaching. Lots of Tennis fun games that will not only develop their Tennis but also social and communication skills.

(NORMAL YELLOW BALLS USED)

## ENROLMENT FORM

### STUDENT INFORMATION

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_ Student School: \_\_\_\_\_

Email: \_\_\_\_\_

DOB: \_\_\_\_\_ Medical Condition: \_\_\_\_\_

Class: \_\_\_\_\_ Day: \_\_\_\_\_ Time: \_\_\_\_\_

\*Please note: Lesson cancellation: a 'No Show' or 'late cancellation' fee may apply.

**PAYMENT:** Electronic transfer to: BSB 016305, Act No. 471 266 155, Act Name Andrew Mackechnie



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**Adrian Abel**  
**0410 564 304**

**Adam Iles**  
**0423 470 600**

[abelproperty.com.au](http://abelproperty.com.au)



# Please support our Club Sponsors

Having founded Abel McGrath, and after 13 years of phenomenal growth and award-winning success, I am proud to announce our re-brand. Abel McGrath the Property People, Leederville and Subiaco and now Cottesloe, will now be simply **Abel Property**. Our merger with Olifents real estate in Cottesloe, allows us to fully service the greater Western Suburbs and beyond.

We are in the People business. Yes we sell and manage property, but it is our passion and skill for working with real people -sellers, buyers, landlords and tenants, that set us apart. We truly believe that our success can only be achieved through your success. YOU are the



IMAGINE a second storey addition on your home in weeks – not months. With our new modular home improvements we can give you exceptionally high quality home extensions in a fraction of the time. If it's a traditional extension/ renovation you require, no problem we specialise in those too!!  
9414 1789 [www.nxprojects.com.au](http://www.nxprojects.com.au)

**European Ceramics** is one of Perth's largest importers of Ceramic Tiles. Young, vibrant, hands-on owners with local and international market knowledge ensures European Ceramics will take your next project beyond your expectations.  
[www.europeanceramics.com.au](http://www.europeanceramics.com.au)



**Sports Surfaces** specializes in the full construction, surfacing and/or resurfacing of tennis courts, cricket wickets, bowling greens, netball and basketball courts. They also provide surfaces for pool surrounds, patios and backyard landscaping. [www.sportssurfaces.com.au](http://www.sportssurfaces.com.au)  
*Our courts are from Sports Surfaces so that says 'it all' !!!*

**SKIN CHECK DOCTOR** We are a boutique skin cancer clinic specialising in early detection and management of skin cancers. Our medical director DrGlenn Liew has been involved in skin cancer since 1996 and is fully certified for dermatoscopy and skin cancer surgery. At SCD we offer a unique personalised service where our doctor performs all Total Body Skin Checks, biopsies and excisions so there is always total continuity of care. We have been endorsed by Melanoma WA for the level of service that we provide. For all skin check appointments with Dr Liew please call 61610661. SCD offers all full members of Floreat Park Tennis Club a 10% discount on Total Body Skin Checks!





**WEST COAST AUDIOLOGY**, Wembley Downs is an independent hearing service established in 2006 with the goal of offering independent, superior quality, professional hearing services with care, dedication, enthusiasm, honesty and integrity. Our services are provided in a state of the art clinic which is equipped with the highest level sound booths, latest diagnostic testing technology, and latest hearing aid fitting and verification tools. Being independent allows our highly trained university trained Audiologists to provide superior hearing aid products and services. Please call for more information or phone 9245 5455 for an appointment. GP referrals and self-referrals are welcome.

**West Coast Audiology**

**Crestwood Building, U6-23 Bournemouth Cres.,**

**Wembley Downs WA 6019. [www.westcoastaud.com.au](http://www.westcoastaud.com.au)**



## MORE SPONSORS ALWAYS WELCOME



2020/2021

### COMMITTEE MEMBERS



PRESIDENT  
Robert Nakhoul



VICE PRESIDENT  
Fred Santich



CAPTAIN  
Artur Ferreira



CLUB MANAGER/HEAD COACH  
Andy Mackechnie



SECRETARY  
Helen McCready



TREASURER  
Mark Charlton



PROPERTY MANAGER  
Philip Nadebaum



SOCIAL COORDINATOR  
Denise Cramer



MEMBERSHIP COORDINATOR  
Russell Ward



COMMITTEE  
Catherine Dolphin



COMMITTEE  
Mal Ryan



COMMITTEE  
Nick Bertelli



COMMITTEE  
Adrian Fowler



VICE CAPTAIN  
Lesley Nourse



VICE CAPTAIN  
Philip Sealey



VICE CAPTAIN  
Jan Yeo