

ETC 2018 TERM 2 CLASSES - some slight changes from Term 1

Monday training times with Rhan Burton:

Yellow Ball 4:30pm - 6:00pm

Green Ball 6:00pm - 7:00pm

Tuesday training times with Ryan Coffey:

Get Out Get Active 9:30am-10:15am contact ETC for details

Orange Ball 3:30pm - 4:30pm

Green Ball 4:30pm - 5:30pm

Yellow Ball 5:30pm - 6:30pm

Cardio Tennis 6:45pm - 7:45pm

Wednesday training times with Rhan Burton and Jordyn Lizon:

Orange Ball 3:30pm - 4:30pm

Yellow Ball 4:30pm - 6:00pm

Green Ball 6:00pm - 7:00pm

Fitness 6:00pm - 7:00pm (Jordyn Lizon)

Thursday training times with Ryan Coffey:

Red Ball 3:45pm - 4:30pm

Green Ball 4:30pm - 5:30pm

Yellow Ball 5:30pm - 7:00pm

Level is dependent on age and ability. As a general rule, yellow ball (full compression) is for regular players about 11 years and up. Then green ball 8-11 years, Orange ball 6-8 years and Red ball 4-6 years. Contact Ryan Coffey for more information.

Squad Training 6am-7:30am daily (by invitation)

Monday, Tuesday, Wednesday, Thursday (Elite Squad Members only)
& Fridays

Saturday temporary training times with Ryan Coffey:

Cardio Tennis 7am-8am

Yellow Ball 8am-9:30am

Get Out Get Active 9:30am-10:15am contact ETC for details

PRIVATE LESSONS both Ryan & Rhan currently have limited vacancies. For further information please contact Ryan Coffey Email: rct_coach@hotmail.com or Phone: 0447 778 055