Issue 30: March 2022



Bright Tennis News





BTC had one of our most successful clean up working bees following the news that Dylan Alcott was due to visit (now delayed till hopefully June due to Australian of the year commitments). With 18 people turning up to help clean up many people made work light. Many thanks to Michelle Yarwood, Mick Crocker, Adrian Ciolli, David Chlebna, Bruno Souza, Tracy Carey, Drew Carey, Luke Dudley, Jody Vlahandreas, Craig Thompson, Lars Paulson, Klaire Johnston, Heike Fleckenstein, Tamara Costa, Dave Russell, Russell Shem, Kim Robinson, Dene Freeland.



Bright Tennis News <u>AUTUMN COMPETITION 2022—LADDER</u>

(9th MARCH 2022)

(One point is awarded for each set won and an extra point is awarded for winning on each night)

TUESDAY NIGHTS

		Points
1st	Strawberries (Darrens team)	19
2nd	Cranberries (Craigs team)	17
3rd	Blackberries (Ryans team)	14
4th	Raspberries (Jodys team)	11
5th	Blueberries (Davids team)	9

With the tussle for top position clearly between Strawberries (Darrens team) and Cranberries (Craigs team) it will be interesting to see the result of 22nd March when they play each other.

		Points
2nd	New York (Adrians team)	17
1st	Roland Garros (Declans team)	13
3rd (equal)	Melbourne (Tracys team)	11
3rd (equal)	Bright (Nicoles team)	11
4th	Wimbledon (Luisas team)	9

New York is leading the way in first place, however with each team having played each other once it has set up a fairly close competition for the second half of the season.

Club Championships In May

All club members are invited to enter the club championships. Dates are as follows:

Saturday 7 May - Juniors

Saturday 14 May - Seniors Mixed Doubles

Sunday 15 May - Seniors Mens & Ladies Doubles and Seniors Semi Final & Final (lead up Matches can be played beforehand)

All competitions are in a round robin format with a 6 game set, tiebreaker at 5 all.

Seniors please note: register by April 7! All players must be current club members!

	Bright Tennis Club Committee 2021/2022	
	sident: Tracy Carey asurer: Jody Vlahandreas	
Last Week Tuesday/Wednesday Night Comp Tues/Wed 26th./27th April Vice	e President: Mick Crocker	
	mberships: David Chlebna mmittee Members:	
Junior Club Championship Round Robin Sat 7th May	helle Yarwood	
Craig	ig Thompson	
Senior Club Championship Round robin Sat/Sun 14th May/ 15th May Brund	no Souza	
Seturden Lunion Tennie Finel Den Seturden 28th Men Geoff	off Hollow	
Saturday Junior Tennis Final Day Saturday 28th May Dene	ne Freeland	

WEDNESDAY NIGHTS



Bright Tennis News



New Club Defibrillator Saves a Life!

Ambulance Victoria reported in late January a 37 year old man had a heart attack whilst riding his bike in the Pioneer oval. Fortunately for him our newly installed defibrillator was easily available and a helicopter was able to land on the oval and air -lift him to hospital in Melbourne. When the signs of heart attack appear, time is of the essence. It was incredible luck for him that our defibulator was so readily available. The following committee members have basic first aid training: Tracy Carey, Jody Vlahandreas, Mick Crocker, David Chlebna, Geoff Hollow. A First Aid Kit is in the clubhouse, near the fridge.



Coaches Rallying Record Smashed!

9yr old Ingrid Barnard has broken Geoff's all-time 'rallying with a student record' by holding her focus for an amazing 301 shot rally.

To make it more special she did it in front of members of her family including her grandfather who had just arrived from South Africa. Wow, awesome effort Ingrid!

New Shire Sports Plan May Bring Tennis Funds

A new Shire Sport and Recreation Active plan, which includes a plan for Pioneer park has been adopted by the Alpine Shire in early March. Suggestions in the plan include development of additional tennis courts. These plans are still in early stages and the club will continue to work with the Shire as the more detailed plans are developed.

Year	Family Memberships				
	Adult	Junior	Adult Members	Junior Members	Total
2018/2019	45	31	42	19	137
2019/2020	53	42	56	15	166
2020/2021	64	67	58	10	200
2021/2022	56	70	63	8	192

Membership Report (as of 21/02/2022)



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Bright Tennis News

Tennis Etiquette on Court

A reminder (especially to some of the younger players) to please respect others while playing tennis on our courts. Here are some examples to keep in mind:

Please refrain from hitting a ball hard directly at a much weaker player.

Please don't walk onto other peoples courts while the point is in play.

Please don't try to distract a player whilst they serve.

Please try to not return first serves when they are obviously faults.

If a ball rolls behind a player which might become a trip hazard, please call a let to halt play and remove the ball.

Whilst there are many etiquette rules ,it is perhaps best to simply remember we are all here to have fun!

January Holiday Social Tennis A Success



This years inaugural January Holiday social was a great success with 16 plus people turning up on some nights.

Looking forward to a continuation!

Thank You to Buffalo Pest Control!

The club would like to thank Cameron from Buffalo Pest Control has been looking after our club house free of charge for several years.

It's the time of year to consider protecting your house from rodents and other pests.

Buffalo Pest Controls number is 03 5756 2255.



Bright Tennis News

Roger Federer reveals his kids had no idea he was a tennis champion

Some call him the greatest tennis player of all time, a 20-time grand slam champion - however Roger Federer's kids were unaware of who their father was until just recently. While wife Mirka is often seen supporting her husband at matches, his kids have only appeared a handful of times cheering their dad. When they found out through their friends that their dad was the No. 1 tennis player in the world, they were "literally speechless". The Swiss legend said that his kids not only aren't fazed by his success, but they also don't care for tennis in general. - Rachel Fieldhouse

Interesting Player of the Past—Alice Marble



The first woman to serve and volley. She won 18 grand slam titles (never travelled to Australia) and reached No. 1 in 1939. After her retirement, during the war she spied on Swizz banker Hans Steinmetz, a former lover who was a Nazi sympathizer, because the US Government wanted pictures of stolen artwork. The mission ended when Marble was shot in the back (she survived). She later became a fitness adviser to the US Government and had a big role in racial desegregation of ladies tennis in the US.



Unusual things Professional Players do for tennis.

In 1977 Gillermo Villas (pictured) gave up his relationship with Princess Stephanie of Monaco in an effort to become number one tennis player. Unfortunately for Villas the points rating system at the time was very spotty and it was not until 2015 that it was discovered he did indeed make it to number one...for a whole 3 days! For a short period former womens player Patty Schnieder had a diet that consisted mainly of orange juice. In her teens Simona Halep, had breast reduction surgery to improve her mobility. People do weird things to improve their game. Lets hope it was worth it!

Djokovics Dilemma.

If Djokovic wants to play the major tournaments and attain a 21st title, why doesn't he just go get the jab? With all tournaments, except the US Open ,requiring evidence of full vaccination he certainly will pay a huge price if he does not do so. However for Djokovic that's not so simple. Even compared to other professional players Djokovic works in a world of punishing intensity, in a constant pursuit of a 1% edge in athletic performance. He self punishes and practices to extremes, is lean to the point of attenuation and when he does yogic stretches for his hamstrings he is looking for flexibility far beyond the norms. He drinks only warm water, hangs upside down in the evenings for joint mobility , meditates in front of food to give it a good vibe, and eats gluten free, mostly fruits and vegetables and no dairy. Famously upon winning a grand slam he once celebrated by eating two squares of chocolate. (squares, not blocks!). When players take this extreme approach there is often a price to pay. Andre Agassi had extreme wrist tendonitis and sciatica, not to mention a short term pain killer addiction. Jimmy Connors had extreme back pain and bone spurs. Sometimes those extreme practices can be addictive and like most addictions this can come at a price of poor judgement. Nole is afraid of losing his edge and once players start beating him that he may not get it back. For some top players performance trumps everything. The irony is that his pursuit of performance in most cases is the very thing preventing him from actually playing.

BRIGHT TENNIS CLUB – 2022 Senior Club Championships Register Now!

Singles registrations close 7thApril with matches to be completed in time for Semi Final & Final on <u>15th May</u> Men's & Ladies Doubles Round Robin & Final to be held <u>14th May</u> Mixed Doubles Round Robin & Final to be held <u>15th May</u>

Round Robin formats

Two Round robin draws may be required due to entry numbers. Winners of each draw will play the R/up's in the opposing draw. Winners of those matches will play off in the Championship Final on Sunday 14th/15th May.

Scoring - 1 x 6 game set - 7 point tie breaker at 5 all

<u>Singles</u> – round robin must be completed prior to the event time. Players must arrange their playing times with their opponents. Time of Finals & Semi Finals 11.00am 15th May

<u>Doubles</u> - If the event is postponed due to weather, the doubles & mixed doubles registrations will be reopened & then close prior to the rescheduled date. Starting time for matches midday 14th (Men's & Ladies) & 15th May (Mixed)

Rescheduling, reformatting & draws are done at the organisers discretion.

All players must be current Club Members

\$10 per player (covers all events entered)

Snacks & BBQ supplied

BRIGHT TENNIS CLUB – 2022 Junior Club Championships Saturday 7th May 10am – 2.00pm

Round robin formats

6 game sets(14U) – sudden death at deuce all games, excepting 5 all 4 game sets (12U) – sudden death at deuce all games, excepting 3 all

\$5 per player

Snacks & BBQ supplied

Players must be current Club Members



Bright Tennis News

To become a member/Renew your membership, simply head to the Bright Tennis Club website and click on Membership.



Then choose a membership which suits you. If playing a competition, don't forget to add on the ball fees!

Memberships

2021/2022 Junior 12–18 Years 1/11/2021 - 30/10/2022 2021/2022 Junior 12–18 Years at BrightTC Eligibility: Junior 12–18 Years	Pay in full One of payment \$45.00 JOIN NOW		
2021/2022 Junior Under 12 Years 1/11/2021 - 30/10/2022 2021/2022 Junior Under 12 Years at Bright TC	Pay in full One off payment \$40.00		
Eligibility: Junior Under 12 Years	WON NIOL		
2021/22 Family Membership	Pay in full One off payment \$195.00		
1/11/2021 - 30/10/2022 2021/2022 Family Membership at Bright Tennis Club	WON NIOL		
2021/22 Individual Membership 1/11/2021 - 30/10/2022	Pay in full One off payment \$80.00		