

Ainslie Tennis Club

Established in 1928

Annual General Meeting

Report from the President:

The Club held its 2021 AGM on the 2nd of May and I was delighted with the reports submitted by the outgoing Executive Committee. All the reports can be read by going to play.tennis.com.au/ainslietennisclub/AboutUs/AGMs.

Among the highlights were the success of the new coaching arrangements we established with Active Tennis Coaching in 2020 (the article on page 4 about senior coach Craig Barnard continues our series introducing the coaching staff) and the strong financial performance of the club over 2020 despite the disruptions from bushfires and Covid.

I was also pleased that all but three of the 2020 Committee stood for re-election and were re-elected. I am also happy to report that Naomi van der Linden and Fouad Karouta joined the Committee as general committee members replacing Felix Edwards, Damian Smith and Indi Prickett.

Felix was our Social Media Manager and he will be missed, particularly by his replacement, Roger Brake. Damian had been a general committee member for several years and I would like to take this opportunity to thank him for his all round contributions. Damian was a keen member of our fund raising committee and he was a great help with our one and only Bunnings BBQ and with the the clubhouse raffles conducted over recent years. Like Felix, Indi was a member of the Committee for two years and her advice will be missed.

Club Contacts:

President:

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In This Newsletter:

FUNDRAISING

How you can help to fund LED lights on court 1 and get a tax deduction (page 2).

NEW BANK DETAILS

We've changed our bank. See page 2 for the details of our new account.

MAINTENANCE

See page 3 for news about the maintenance of the courts and clubhouse

Want to Book a Court?

Go to:
<https://play.tennis.com.au/ainslietennisclub/>

Club Finances

End of Financial Year Donations

In the past, many members have chosen to make additional donations as part of their renewal. With the move to the Tennis Australia website for membership renewals, this is no longer possible. Instead the Club has put in place an arrangement with the Australian Sports Foundation (ASF) whereby members can make tax deductible donations towards approved capital works. The Club's priority at the moment is to convert all of the court lighting to LEDs. At present, we only have the resources to replace the old lights on courts 2 and 3.

Making a donation via the ASF will help us to achieve our goal of replacing the old mercury lights on court 1. We have received a quote in excess of \$30,000 to remove the old poles, wiring and lights and install new poles, wiring and LED lights. If you would like to contribute towards making all three of our courts suitable for nighttime play, you can make a donation at the following website:

<https://asf.org.au/donate/refresh-ainslie-tennis-clubhouse/>

We will send out another reminder closer to the end of the financial year.

Changed Banking Arrangements

After many years banking with the CBA, the Committee decided to switch banks to Beyond Bank in order to start earning interest on our funds and to move into the modern world of banking. So, please, if you have previously saved the Club's CBA details so that you can easily make Tennis League or membership payments, please delete those details and save the following:

Bank: Beyond Bank

BSB: 325 185

A/c No.: 03844258

A/c Name: Ainslie Tennis Club Inc.

Coaching News from Club Coach, Myles Emery

There are 4 weeks remaining in Term 2 2021 which runs through until Saturday 26 June 2021. Lessons operate as normal on all long weekends and public holidays.

Term 3 2021 commences on Monday 12 July and bookings can now be made online at www.ActiveTennisCoaching.com.au/book-online. All lessons and competitions will remain at the same times each week in Term 3.

Private lessons are also available and can be booked online or by calling Myles on 0431 040 448.

Happenings Around the Club

Court Maintenance

If you've played recently, you may have noticed how well the courts are playing after a professional deep clean. In order to protect the courts between the professional treatments, it is important that we all do our bit. Sweeping the courts after every use ensures that any organic material that might encourage the growth of fungi is removed. It also redistributes the sand more evenly and thus minimises wear and tear. So please take a couple of minutes to sweep the courts when you finish playing.

We'd also like to ensure that our nets last as long as possible and that means no leaning or climbing on them. This is a particular temptation for children and any accompanying adults need to take responsibility for children's behaviour. If you so notice a problem with a net, let one of the Committee know so that we can deal with it promptly.

Our New Storage Shed

It's not double vision - we now have two storage sheds behind the clubhouse, one for coaching equipment and the other for everything else, including gardening equipment. The Club was delighted when a local concrete firm, Hi Quality Concrete not only donated the concrete, but also arranged with another local firm, Modern Concrete, to create the fabulous concrete pad on which the shed now stands. Paul's team from Modern Concrete spent many hours over two days working with club members to prepare the site and then lay the concrete.

It was a real team effort from start to finish, and we couldn't have done it without both our concrete donations and the work of members in both preparing the site and then spending many hours putting the new shed together. Thanks to all involved!



Kai, Roger and Trevor hard at work (plus Mark who missed the photo)

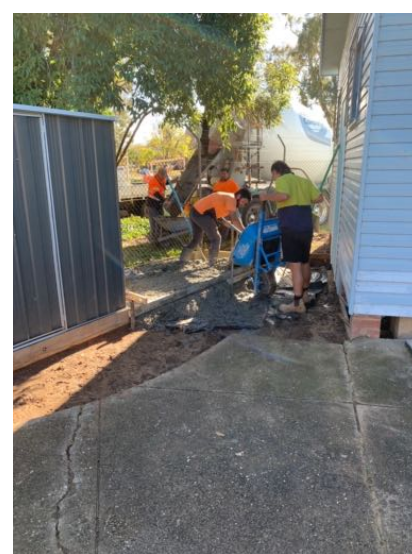
If you need concrete and/or want concrete laid, please consider using Hi Quality Concrete or Modern Concrete. Our Asset Manager, Mary, can provide contact details if they are needed.



Mary, Trevor, Tim and Roger: happy with a job well done



The Hi Quality Concrete truck



Paul and his team from Modern Concrete

Active Members and the Club Maintenance Roster

Members will recall that the Club decided to recognise and offer rebates to active members as part of introducing a Maintenance Roster. I have been delighted with the results and I am pleased to report that we now have several volunteers undertaking regular roster activities that are keeping the clubhouse, surrounds and courts looking really good. In addition, the completion of the fence skirting boards by our life member Neil Pinkerton and the work of our recent working bee has stopped balls from escaping under or through the fence and gates. As a result of their hard work, many members will soon be receiving confirmation that they are eligible to claim an active member rebate. It not too late to join in - the Maintenance Roster is displayed on the entrance window of the clubhouse and there are still vacancies if you can help out. Mary, Asset Manager

Meet our Club Coaches - Senior Coach, Craig Barnard

When did you start playing tennis?

Relatively late. I was ten when the whole family - my mother, father and younger sister and I - all started going to tennis coaching. I am the only one still playing.

When did you start coaching others?

While I was at university, I started coaching down in Tuggeranong. I did that for a few years. Then I became busy with life - building a career and getting married - and stopped playing tennis for about ten years.

What brought you back to the sport?

I met up again with the people I had been coaching with and started playing in a pennant team with them. About five years ago, I decided to take it a bit more seriously and started really focussing on improving my game. I'm now playing League and have set myself the goal of becoming a top 500 player. This long weekend, I'll be playing in an AMT tournament, with the first challenge being to get through the qualifying rounds.

Myles asked me to join his coaching team at the beginning of the year and it has been great to get involved again in this side of the game.

What do you enjoy about coaching?

I love seeing people making progress both with their tennis and broader fitness goals, for example, losing weight or improving their endurance. It can be particularly rewarding to coach adults as they tend to be more committed and even small improvements can be incredibly satisfying for them.

What else are you interested in?

I have a long term project to develop more environmentally friendly tennis balls, with a goal of eventually moving to fully biodegradable balls. I'm in the first stage at the moment, in discussions with a company in China about changing the packaging to reduce its environmental impact. There are many challenges to developing biodegradable balls and, obviously, if it was easy it would have been done already, but I am passionate about making it work.



From our Sponsors



Playing sports in winter has different nutrition requirements from sports over summer. Being exposed to cold temperatures means you use extra energy. You will use up energy stores more quickly and may feel hungrier than usual after a game of tennis. Make sure you refuel after playing with a source of protein and carbohydrates. Milk is a great choice, making a warming hot chocolate a good choice to replenish energy stores after a chilly morning hit out.

Live Better Nutrition is offering a winter special for body composition scans.

Follow this link to book your winter InBody scan and take advantage of this great offer.

<https://mailchi.mp/livebetternutrition/c6qc425nje>